

Ckosmic Health City Hospital Becomes the Center of Excellence for Weight Loss Surgery in Punjab



Moga, Punjab Aug 7, 2025 ([Issuewire.com](https://www.issuewire.com)) - Ckosmic Health City Hospital has been recognized as the Center of Excellence because of [Best Weight Loss Surgeon in Punjab](#) Dr Amit Sood, setting a new benchmark in bariatric and metabolic care. With obesity and related health conditions on the rise in the region, the need for advanced, safe, and scientifically backed surgical solutions has never been greater. This prestigious designation underscores the hospital's commitment to providing world-class weight loss treatments, cutting-edge technology, and comprehensive patient care, addressing a critical healthcare gap in Punjab.

"Obesity is not just a lifestyle concern but a serious medical condition that requires expert intervention." By establishing Punjab's first Center of Excellence for Weight Loss Surgery with Dr Amit Sood, we are ensuring that patients have access to the highest standard of care, from advanced robotic-assisted procedures to personalized post-operative support. This is a transformative step toward a healthier Punjab."

The Growing Demand for Expert Weight Loss Surgery in Punjab

Punjab is facing a silent health crisis as obesity rates have surged, with nearly 30% of adults now classified as overweight or obese, according to recent health surveys. For many, diet and exercise alone aren't enough, and the need for expert medical intervention has never been clearer. Weight-related conditions like diabetes, hypertension, and joint problems are skyrocketing, leaving families desperate for lasting solutions. That's where advanced weight loss surgery comes in, not just as a medical

procedure, but as a life-changing opportunity for those who've struggled for years.

Punjab deserves access to world-class care, and now, with Ckosmic Health City Hospital's Center of Excellence, patients finally have a trusted destination for safe, effective treatment. Bariatric surgeries in India have risen by over 50% in the last five years, proving that more people are turning to science for answers.

Ckosmic Health City Delivers World-Class Weight Loss Solutions

Ckosmic Health City Hospital has established itself as a premier destination for advanced and [Best Bariatric surgery in Punjab](#), equipped with state-of-the-art technology and a patient-centric approach. The center follows globally recognized protocols, ensuring safe, effective, and long-lasting results for individuals struggling with obesity and metabolic disorders. With a focus on minimally invasive techniques, including robotic-assisted surgery, the hospital reduces recovery time while maximizing success rates. This initiative is led by Dr. Amit Sood, a renowned bariatric surgeon known for his expertise in complex weight loss procedures and commitment to patient well-being.

Some of the key highlights are mentioned below:

- **Advanced Robotic & Laparoscopic Surgery** – Precision-driven procedures for safer, faster recovery.
- **Comprehensive Pre- & Post-Operative Care** – Personalized diet plans, psychological support, and long-term follow-ups.
- **Multidisciplinary Team** – Endocrinologists, nutritionists, and physiotherapists working together for holistic care.
- **High-ART Unit** – Cutting-edge technology ensuring minimal pain and minimal scarring.
- **Proven Success Rates** – Hundreds of transformed lives with sustainable weight loss results.

Dr. Amit Sood's Patient-Centric Approach to Weight Loss Surgery

At the heart of Ckosmic Health City's weight loss program is Dr. Amit Sood's philosophy that every patient deserves compassionate, individualized care. Understanding that weight struggles extend beyond physical health, he focuses on building trust and providing emotional support throughout the surgical journey. His approach combines medical expertise with genuine empathy, ensuring patients feel heard, valued, and confident in their treatment plan.

Dr. Amit Sood's approach:

- Personalized consultations to understand each patient's unique health history and goals.
- Clear communication about procedures, risks, and realistic outcomes.
- Ongoing support through nutrition counseling and lifestyle guidance.
- Emphasis on long-term success rather than just surgical intervention.

Backed by years of clinical experience and consistently positive outcomes, he has come to be recognized by peers and patients alike as one of the [top weight loss surgeons in India](#). His approach focuses not just on surgical precision but also on long-term lifestyle changes, ensuring that patients receive holistic support throughout their journey.

With its recognition as Punjab's Center of Excellence for Weight Loss Surgery, Ckosmic Health City Hospital, led by Dr. Amit Sood, is revolutionizing bariatric care in the region. By combining cutting-edge

technology, personalized treatment plans, and compassionate patient care, the hospital offers hope and lasting solutions to those battling obesity. This milestone not only elevates medical standards in Punjab but also reaffirms the hospital's commitment to transforming lives, one successful weight loss journey at a time.

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