

Cosmic Health City Expands its Bariatric Surgery Services to Jalandhar

Jalandhar, Punjab Aug 22, 2025 ([Issuewire.com](https://www.issuewire.com)) - Cosmic Health City, a provider of healthcare solutions, announces the expansion of its bariatric surgery services to Jalandhar. With obesity and weight-related health issues on the rise in the region, there is a growing demand for safe, effective, and expert-led bariatric care. The city's need for specialised weight-loss solutions has increased, and Cosmic Health City is addressing this with medical expertise and technology.

"Bringing bariatric care to Jalandhar is not just about surgery, it's about supporting health improvements," said a spokesperson. Leading this initiative is Dr. Amit Sood, a highly regarded [bariatric surgeon in Jalandhar](#), whose skills and patient-centric approach have helped individuals achieve health improvements. With a track record in the field, Dr. Sood and Cosmic Health City provide weight-loss treatment in the region, offering surgical solutions to those in need.

Rising Obesity Concerns in Jalandhar Make Bariatric Surgery a Vital Health Solution

Obesity rates in Jalandhar have increased, with recent studies indicating that nearly 30% of adults in the city are clinically obese, and over 50% are overweight. Poor dietary habits, sedentary lifestyles, and genetic predispositions have contributed to this health issue, increasing the risk of diabetes, hypertension, and heart disease. For those struggling with severe obesity, traditional weight-loss methods often prove ineffective, making bariatric surgery a medical intervention. As the demand for safe and effective solutions rises, finding a qualified weight loss surgeon in Punjab is important for outcomes.

With obesity-related complications on the rise, bariatric surgery has emerged as an option for many in Jalandhar. A qualified [weight loss surgeon in Punjab](#) combines expertise, technology, and personalised care to help patients achieve results. If lifestyle changes haven't worked, consulting a qualified bariatric specialist could support a healthier future.

Get Advanced Bariatric Care with Cosmic Health City's Expansion in Jalandhar

Cosmic Health City is providing weight loss treatment in Jalandhar with its bariatric care, offering surgical solutions for obesity. With a team led by Dr Amit Sood, the hospital provides success rates, personalised care, and medical technology to help patients achieve long-term weight loss and improved health.

- Expertise of a qualified bariatric surgeon in Punjab for safe and effective procedures.
- Infrastructure with advanced laparoscopic and robotic-assisted surgeries.
- Comprehensive pre- and post-operative care for recovery.
- Customised weight loss plans tailored to individual health needs.
- Success rates with minimal complications and recovery.

Dr Amit Sood Pioneers Advanced Bariatric Procedures For Lasting Weight Loss Results

Dr. Amit Sood, a qualified weight loss surgeon in Punjab, offers expertise in bariatric procedures. With a focus on safety, precision, and long-term success, he provides surgical solutions tailored to each patient's needs. His approach and success rates support those struggling with obesity in Jalandhar and beyond.

Advanced Bariatric Procedures Offered:

- **Roux-en-Y Gastric Bypass** – Reduces stomach size and reroutes digestion for effective weight loss.
- **Sleeve Gastrectomy (LSG)** – Removes a portion of the stomach to restrict food intake.
- **Laparoscopic Mini Gastric Bypass** – A simpler bypass alternative with quicker recovery.
- **Adjustable Gastric Banding** – Uses a removable band to limit stomach capacity.
- **Biliopancreatic Diversion with Duodenal Switch** – Combines restriction and malabsorption for significant weight loss.
- **Intragastric Balloon** – A non-surgical, temporary solution to reduce appetite.

If traditional weight loss methods haven't worked, bariatric surgery could be the key to a healthier, more active life. With medical guidance and treatment options, achieving long-term weight loss is within reach.

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