

Behnoosh Rahavard, MD: Revolutionizing Pain Management in Southern California

Delivering Innovative Treatments and Compassionate Care at Vitalis Regenerative & Pain Clinic



New York City, New York Aug 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - Behnoosh Rahavard, MD, a double board-certified anesthesiologist and interventional pain specialist, is transforming the landscape of pain management as the CEO and Medical Director of Vitalis Regenerative & Pain Clinic. With state-of-the-

art facilities located in Encino, Glendale, and Long Beach, Dr. Rahavard is dedicated to serving patients throughout Los Angeles and Orange County, providing exceptional, individualized care tailored to each patient's unique needs.

As a leading expert in the field, Dr. Rahavard is renowned for her patient-centered approach to diagnosing and treating both acute and chronic pain conditions. Utilizing advanced, minimally invasive techniques, she offers comprehensive care for patients suffering from a wide range of conditions, including spine, joint, nerve, and musculoskeletal pain. Her commitment to restoring function and improving the quality of life for her patients is at the heart of her practice.

Dr. Rahavard stands out as one of the few female leaders in interventional pain medicine, advocating for women and underrepresented groups in the field. Her approach to pain management goes beyond traditional methods, focusing on innovative, minimally invasive procedures that many clinics do not offer. Among her specialties are advanced treatments such as epidural and facet joint injections, spinal cord and peripheral nerve stimulators for neuropathic pain, radiofrequency ablation, percutaneous laser discectomy for herniated discs, and Botox injections for chronic migraines and muscle dystonia. This extensive repertoire allows her to tailor treatment plans that address the specific needs of each patient.

"Pain management is not just about alleviating discomfort; it's about improving lives," said Dr. Rahavard. "I am deeply committed to providing compassionate, evidence-based care that empowers my patients to lead active, fulfilling lives, whether they are young children, pregnant women, or older adults."

Dr. Rahavard's academic credentials are equally impressive. A graduate of Melli University in 2013, she completed her anesthesiology residency at the University of Illinois (Advocate Health) and pursued a prestigious pain medicine fellowship at Henry Ford Health of Wayne State University. Her postdoctoral research at UCLA's Department of Anesthesiology further enhanced her expertise in pain mechanisms and innovative treatments, ensuring that she remains at the forefront of the field.

In addition to her clinical work, Dr. Rahavard is an esteemed contributor to medical literature, having authored numerous scientific articles and book chapters published in prominent medical journals, including the Pain Practice Journal, Circulation Journal, and Pain Medicine News. She has shared her knowledge as a featured speaker at over 30 national and international medical conferences, including the American Society of Regional Anesthesia, the North American Neuromodulation Society, the American Academy of Pain Medicine, and the American Society of Anesthesiologists.

Dr. Rahavard's unwavering priority is to accurately diagnose and effectively treat her patients' pain. Her passion for pain management is evident in her dedication to helping patients who are limited by their condition. Witnessing significant improvements in her patients' daily lives following treatment is what she finds most rewarding.

Whether you are recovering from an injury, suffering from a chronic condition, or seeking alternatives to surgery, Dr. Behnoosh Rahavard and her team at Vitalis Regenerative & Pain Clinic are committed to helping you achieve a pain-free, active lifestyle. With her expertise and compassionate care, patients can expect a comprehensive approach to pain management that prioritizes their health and well-being.

Learn More about Dr. Behnoosh Rahavard:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/84197473-Behnoosh-Rahavard-Anesthesiologist> or through Vitalis Regenerative & Pain Clinic, <https://drrahavard.com/about-us/>

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