

Affordable AI Meal Planning App Launching to Help Users Save Time and Eat Smarter

Designed for families and individuals, Shareable Meals combines AI-powered meal scanning, macro tracking, and community sharing, without the high costs or constant ads.

12:01



Search meals...

Filter

+ Create New Meal

AI



No Image

Hearty Beef Stew

A warm and comforting beef stew filled with tender meat and hear...

410 38g 20g

AI



No Image

Hearty Beef and Vegetable Stew

A warming and nutritious beef stew packed with vegetabl...

403 35g 39g

AI



No Image

Chicken Tacos with Mexican Rice and...

A flavorful Mexican meal featuring seasoned grilled chic...

AI



No Image

Traditional English Breakfast

A classic full English breakfast providing a balanced meal aroun...



Calendar



My Meals



Discover



Account

Chicago, Illinois Aug 19, 2025 ([IssueWire.com](https://www.issuewire.com)) - Shareable Meals, a new meal planning and nutrition tracking app, is preparing to launch next week, offering a smarter and more affordable alternative to existing solutions like MyFitnessPal. Built for individuals and families who want to eat healthier without breaking the bank, the app combines AI-driven meal scanning, macro tracking, and community recipe sharing in one streamlined platform.

Unlike many competitors that lock essential features behind expensive subscriptions, Shareable Meals keeps things simple and cost-effective. Users will be able to:

- Scan meals with AI to automatically calculate nutrition.
- Plan and track macros with accurate per-serving breakdowns.
- Join weekly challenges to stay motivated.
- Share and explore recipes from other users.
- Save time with smart shopping lists (with future plans for direct grocery ordering).

“Our goal with Shareable Meals is to make healthy eating accessible, fun, and community-driven,” said William Ashford, developer of Shareable Meals. “We’re starting lean and listening to what users want—whether it’s better AI tools, improved design, or new features. As the community grows, the app will grow with them.”

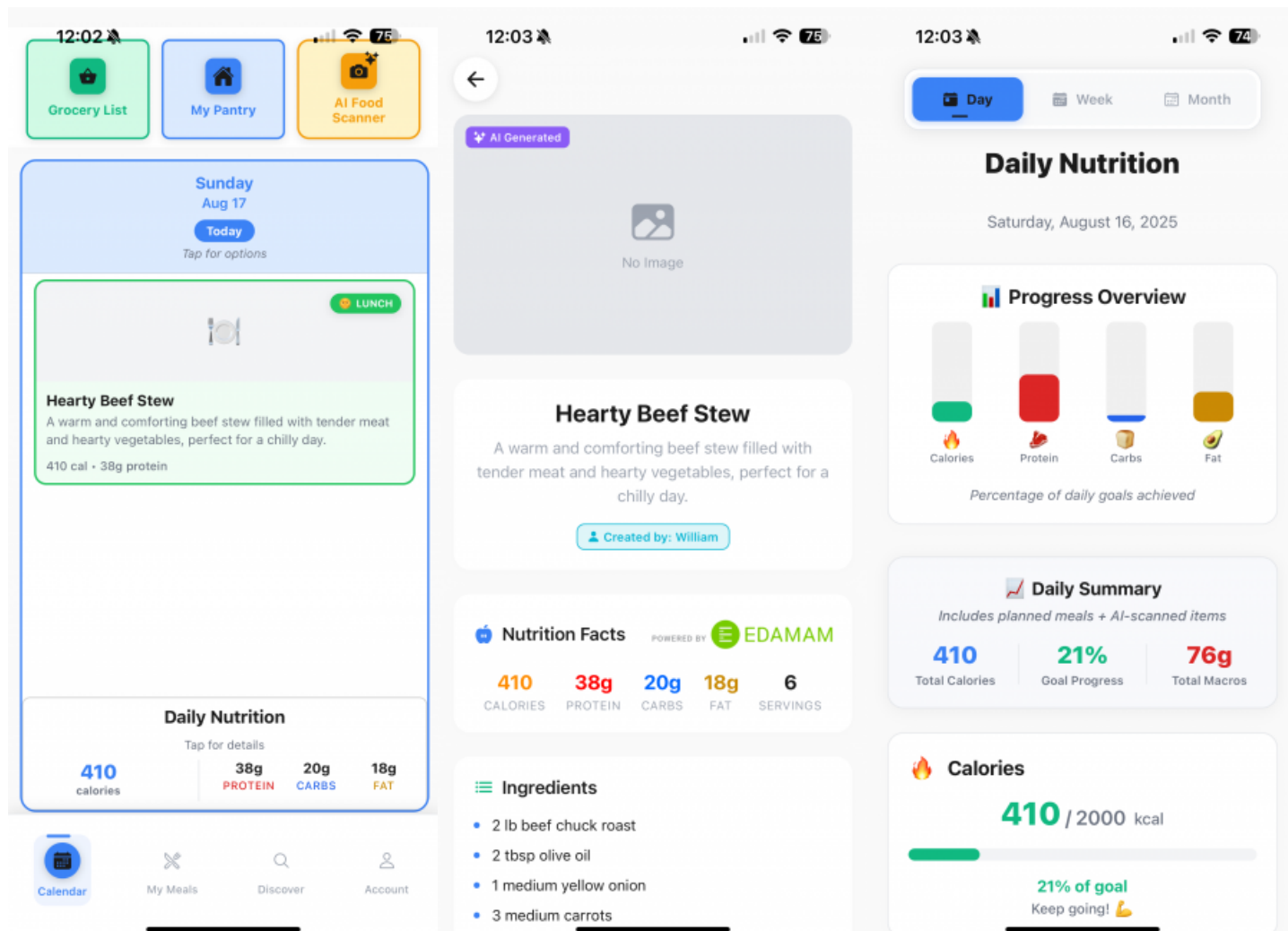
The app is fully bootstrapped and independently developed, focusing on user feedback and sustainability rather than venture capital. Future updates will include an upgraded AI meal scanner, grocery delivery integration, and even a lighter version of the app for users who prefer macro tracking without advanced AI features.

Shareable Meals officially launches next week on iOS, with Android support coming soon.

For more information, visit:

- Website: <https://www.shareablemeals.com/>
- Product Hunt: <https://www.producthunt.com/products/shareable-meals?launch=shareable-meals>
- Facebook: <https://www.facebook.com/profile.php?id=61579208953959>
- Medium Article: https://medium.com/@williamashford_12483/how-i-built-a-budget-friendly-meal-planning-app-f1b83017ea14
- LinkedIn: <https://www.linkedin.com/in/william-ashford-b77bb034a/>

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