

# Thorn & Bloom Magazine Unveils Groundbreaking Second Edition: "Breaking the Cycle"

Literary Magazine Explores Radical Self-Care as a Path to Liberation Through Unflinching Stories of Resistance and Reclamation

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a literary  
magazine

# Thorn & Bloom

Breaking the Cycle



FEATURED ARTWORK:  
INTIMATE GLIMPSES INTO  
IDENTITY AND SELF-  
EXPRESSION THROUGH ART  
BY RACHEL LORRAINE.

IN CONVERSATION WITH:  
RACHEL LORRAINE

**London, England Jul 7, 2025 ([IssueWire.com](https://www.issuewire.com))** - *Thorn & Bloom Magazine*, the quarterly literary magazine redefining self-care as a radical act of personal and collective liberation, proudly announces its highly anticipated second edition, "Breaking the Cycle." This powerful collection of poetry, essays, and fiction confronts the oppressive narratives that bind us, offering language as a tool for transformation and a blueprint for freedom.

"Breaking the Cycle" gathers bold, unapologetic voices that interrogate inherited scripts of trauma, shame, and systemic oppression and dismantle them with precision and grace. Through raw storytelling and lyrical defiance, the writers featured in this edition unravel the threads of conditioning, reclaiming agency over their identities and futures. From intimate reckonings to collective calls to action, each piece serves as both mirror and compass, guiding readers toward the audacious work of unlearning.

Highlights of the Edition Include:

- Provocative essays dissecting the myths of productivity, worthiness, and "enoughness"
- Poetry that fractures silence, turning pain into portals for reinvention
- Fiction that reimagines liberation, one narrative rupture at a time
- Visual art and prompts to ignite readers' own cycles of reflection and rebellion

*"This edition is an offering—and a weapon,"* says Kirsty Anne Richards, Founder and Editorial Director of *Thorn & Bloom*. *"These writers don't just name the cages; they hand us the keys. 'Breaking the Cycle' isn't about perfection, it's about the messy, necessary work of becoming free."*

*Thorn & Bloom Magazine Issue 02: Breaking the Cycle* is now available for purchase in print and digital formats at [www.redrosethorns.com/thornandbloommagazine](https://www.redrosethorns.com/thornandbloommagazine).

For interviews, excerpts, or press inquiries, contact:  
Kirsty Anne Richards at [kirstyanne@redrosethorns.com](mailto:kirstyanne@redrosethorns.com)  
Instagram: [@redrosethorns](https://www.instagram.com/redrosethorns)

## Media Contact

redrosethorns Ltd.

\*\*\*\*\*@redrosethorns.com

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