

The Pain Relief Clinic Provides MRI Services in Singapore

For Diagnosis of Muscle and Joint Pain

Singapore, Singapore Jul 31, 2025 ([IssueWire.com](https://www.issuewire.com)) - The Pain Relief Clinic, a well-established clinic for non-surgical pain management Singapore, announces the launch of [**MRI scan service — with same-day or next working day MRI access.**](#)

Located conveniently at Shaw House Level 10, this service allows patients to undergo medical MRI scans without needing to travel elsewhere, helping those with unexplained pain or injury get the right diagnosis quickly and affordably.

Fast Access, Clear Answers

Muscle and joint pain can stem from injuries, wear-and-tear, or nerve issues. Many patients are unsure whether they need rest, physiotherapy, or surgery — and **MRI is often considered** for accurate diagnosis of soft tissue, ligament, cartilage, disc, and nerve problems.

Now available:

- MRI scans for:
Ankle, Calf, Cervical Spine, Elbow, Foot, Forearm, Full Spine, Hand, Hip, Humerus (upper arm), Knee, Lumbar Spine, Sacrum, Shoulder, Thigh, Thoracic Spine, Wrist, Brain, Headache Screen

When Is an MRI Scan Necessary?

The Pain Relief Clinic in Singapore now offers timely, affordable access to MRI scans for a wide range of musculoskeletal and nerve-related issues. Below is a guide to common symptoms and medical concerns that may require an MRI:

Ankle / Foot MRI

Symptoms Patients Commonly Present With:

- Ongoing ankle pain or swelling after a sprain
- Frequent ankle instability or giving way
- Pain while walking or running
- Clicking or locking sensation in the foot or ankle
- Heel pain that's unresponsive to rest or physiotherapy

Possible Indications:

- Ligament tears (ATFL, CFL)

- Tendon injuries (Achilles tendonitis, peroneal tendinopathy)
- Plantar fasciitis, heel spur evaluation
- Stress fractures, osteochondral lesions
- Post-traumatic arthritis

Calf / Thigh MRI

Symptoms Patients Commonly Present With:

- Sharp pain or tearing sensation after activity
- Localised bruising or swelling
- Deep aching in the back or front of thigh
- Pain with climbing stairs or pushing off the foot

Possible Indications:

- Muscle tears (gastrocnemius, soleus, quadriceps, hamstring)
- Compartment syndrome
- Myositis or inflammation
- Nerve entrapment (e.g. sciatic irritation)
- Suspected deep vein thrombosis (DVT) mimic

Knee MRI

Symptoms Patients Commonly Present With:

- Clicking, popping or locking of the knee
- Pain when squatting or climbing stairs
- Swelling after exercise
- Knee giving way or instability
- Limited range of motion

Possible Indications:

- Meniscus tears
- ACL / PCL / MCL / LCL ligament injuries
- Early or advanced osteoarthritis
- Chondromalacia patella
- Baker's cyst or joint effusion
- Cartilage damage or loose bodies

Hip MRI**Symptoms Patients Commonly Present With:**

- Pain in groin, buttock, or side of hip
- Stiffness with sitting or getting up
- Clicking or catching deep in the joint
- Difficulty walking or rotating the leg

Possible Indications:

- Labral tear
- Femoroacetabular impingement (FAI)
- Gluteal tendonitis or bursitis
- Early hip osteoarthritis
- Avascular necrosis (AVN)
- Snapping hip syndrome

Shoulder MRI**Symptoms Patients Commonly Present With:**

- Pain with overhead movements
- Weakness or limited range in shoulder rotation

- Night pain or inability to lie on the shoulder
- Popping or instability during motion

Possible Indications:

- Rotator cuff tear or tendinopathy
- Frozen shoulder (adhesive capsulitis)
- Shoulder impingement syndrome
- Labral tear or SLAP lesion
- AC joint arthritis or separation
- Biceps tendon injury

Elbow MRI

Symptoms Patients Commonly Present With:

- Pain with gripping or lifting
- Swelling or stiffness at the elbow
- Tingling down forearm or hand
- Elbow clicking or locking

Possible Indications:

- Lateral or medial epicondylitis (tennis/golfer's elbow)
- Ligament sprains
- Ulnar nerve compression
- Osteochondritis dissecans
- Post-fracture or joint instability evaluation

Forearm / Wrist MRI

Symptoms Patients Commonly Present With:

- Wrist pain or clicking with use
- Tingling or numbness in fingers
- Weak grip or hand fatigue
- Pain during typing or repetitive tasks

Possible Indications:

- Carpal tunnel syndrome
- TFCC tear
- Tendonitis (De Quervain's, extensor/flexor)
- Ganglion cysts
- Fracture not seen on X-ray

Hand MRI

Symptoms Patients Commonly Present With:

- Finger locking or triggering
- Pain with fine motor tasks
- Local swelling or mass
- Numbness or tingling

Possible Indications:

- Trigger finger
- Tendon rupture or strain
- Joint arthritis or synovitis
- Ligament tears
- Nerve entrapment

Humerus MRI (Upper Arm)

Common Symptoms:

- Deep arm pain not resolving with rest
- History of trauma or fall
- Swelling or bruising
- Painful lifting

Possible Indications:

- Bone contusion or occult fracture
- Soft tissue mass or tumor evaluation
- Nerve injury
- Chronic pain evaluation after previous injury

Cervical Spine (Neck) MRI

Symptoms Patients Commonly Present With:

- Neck stiffness or pain radiating to arms
- Numbness or tingling in fingers
- Dizziness or imbalance
- Headaches from neck strain

Possible Indications:

- Cervical disc herniation
- Nerve root compression
- Spinal stenosis
- Whiplash injury
- Degenerative disc disease

Thoracic Spine MRI (Upper Back)

Symptoms Patients Commonly Present With:

- Rib pain not related to fracture
- Numbness along chest wall
- Scoliosis symptoms
- Mid-back pain or stiffness

Possible Indications:

- Thoracic disc herniation
- Scoliosis or kyphosis evaluation
- Facet joint arthritis
- Nerve impingement or spinal cord compression

Lumbar Spine MRI (Lower Back)

Symptoms Patients Commonly Present With:

- Low back pain radiating to legs (sciatica)
- Numbness or weakness in the legs or feet
- Difficulty standing, walking, or bending
- Pain that worsens with sitting or sneezing

Possible Indications:

- Lumbar disc bulge or herniation
- Spinal stenosis
- Spondylolisthesis
- Nerve root compression
- Chronic mechanical back pain

Sacrum MRI

Symptoms Patients Commonly Present With:

- Tailbone or lower pelvic pain when sitting
- Lower buttock pain post-fall
- Nerve-related pelvic discomfort

Possible Indications:

- Sacroiliac joint inflammation
- Coccyx fracture
- Pelvic floor nerve irritation
- Post-trauma bone changes

Spine MRI

Symptoms Patients Commonly Present With:

- Widespread back pain or unexplained nerve symptoms
- Suspected scoliosis or spinal deformity
- Multiple level nerve pain or weakness
- Chronic stiffness or unexplained imbalance

Possible Indications:

- Multi-level disc degeneration
- Scoliosis progression
- Chronic inflammatory conditions (e.g. ankylosing spondylitis)
- Post-operative spinal evaluation

Brain & Head (Headache Screen or Brain MRI, depending on condition)

Symptoms Patients Commonly Present With:

- Chronic or severe headaches
- Migraine with aura or visual symptoms

- Blurred vision, double vision, or sudden visual loss
- Dizziness, vertigo, or fainting spells
- Confusion, difficulty concentrating, or memory lapses
- Sudden weakness, numbness, or difficulty speaking
- Head trauma or post-concussion symptoms
- Behavioural or cognitive changes

Possible Indications for MRI:

- Rule out causes of headache (tumour, aneurysm, sinus inflammation)
- Evaluation of migraine complications or structural brain issues
- Suspected stroke or transient ischemic attack (TIA)
- Post-head injury or concussion assessment
- Detection of brain lesions, multiple sclerosis (MS), or inflammation
- Investigation of unexplained neurological symptoms
- Screening for hydrocephalus, brain atrophy, or demyelinating disease

Pricing and [Insurance](#) Support

- **MRI Pricing:**
Starts from **\$730 to \$980**, depending on region and complexity
(*price includes scan and radiologist report*)
- **MRI Location:**
Shaw House, Level 10 – just outside The Pain Relief Clinic at Orchard Road
- **Speed:**
Same-day MRI (possible)
Next-working-day latest (barring special circumstances)

Claims & Financial Support

Patients may **use Medisave (up to \$300 or \$600 depending on the condition)** to offset MRI cost.

In addition, many patients use:

- ❓ **Personal Accident Plans**
- ❓ **Travel Insurance Claims**
- ❓ **Corporate Medical or Flexi-Benefits**
- ❓ **Private outpatient insurance**

Patients can request the relevant medical memos or documentation for submission to their respective insurers, subject to clinical evaluation.

Disclaimer:

This article is intended for general informational purposes only and does not constitute medical advice. Patients are advised to consult a licensed medical professional for an accurate diagnosis.

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