

Sia Komba Enhances Mental Health Access in Simpsonville, SC

Board-certified psychiatric nurse practitioner offers compassionate, comprehensive care for children, adults, and families



New York City, New York Jul 3, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Simpsonville Mental Wellness Center is delighted to welcome Sia Komba, MSN, APRN, AGACNP-BC, PMHNP-BC, a board-certified psychiatric nurse practitioner dedicated to improving mental health across the Simpsonville community. With dual certification in adult-gerontology acute care and psychiatric-mental health, Sia provides an integrated, whole-person approach to emotional and behavioral wellness.

Sia holds a Master of Science in Nursing and is certified as both an Adult-Gerontology Acute Care Nurse Practitioner and a Psychiatric-Mental Health Nurse Practitioner. She specializes in assessing and treating conditions like anxiety, depression, bipolar disorder, PTSD, and mood dysregulation. Her cross-disciplinary expertise allows her to address co-occurring physical and mental health conditions, especially important for clients with complex medical needs.

At Simpsonville Mental Wellness Center, Sia is known for her empathetic listening, strength-based treatment style, and individualized care plans. Services include diagnostic assessments, medication management, crisis intervention, and psychotherapy coordination. She emphasizes collaborative care, working closely with clients, families, primary care physicians, and community supports to create seamless treatment experiences.

Committed to community mental health, Sia actively engages in local outreach and education. She leads workshops on stress management, adolescent mental wellness, and mental health stigma reduction at schools, places of worship, and community organizations. Her programs aim to increase awareness, early identification, and access to mental health resources across Simpsonville and Greenville County.

Looking ahead, Sia plans to expand telepsychiatry options, initiate group-based psychoeducational therapy, and enhance integrative care programs bridging mental and physical wellness. Her vision aligns with Simpsonville Mental Wellness Center's mission to provide inclusive, state-of-the-art psychiatric care that supports individuals, families, and communities.

Learn More about Sia Komba:

Through her online profile, <https://todaysnurse.org/nurse/4151702>

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