

Seasoned Nurse Practitioner Expands Holistic Geriatric & Psychiatric Care

Fred F. Lwakaaka DNP, RN, AGPCNP, APN-BC Enhances Community-Based Health Services



New York City, New York Jul 29, 2025 ([Issuewire.com](https://www.issuewire.com)) - Fred F. Lwakaaka, DNP, RN, AGPCNP, APN-BC, a highly experienced adult-gerontology primary care and psychiatric nurse practitioner, is

deepening his impact in South Jersey by expanding compassionate, evidence-based care across Franklinville, Medford, and Cedar Knolls. Holding a Doctor of Nursing Practice and board certifications, Dr. Lwakaaka brings over 15 years of expertise working with geriatric and psychiatric populations in both clinical and community settings.

Through his work with Pelorus Elder & Behavioral Health, Wilkins Family Psychiatry, White Horse Pain and Psychiatry, and Omega Physicians, Fred offers a wide range of services, including psychiatric assessments, medication management, chronic disease oversight, and in-home visits for assisted living or long-term care residents. He integrates psychiatric care and primary health monitoring to support aging adults holistically.

A recognized provider for Medicare Part B, Dr. Lwakaaka is equipped to coordinate durable medical equipment and home health referrals, ensuring families receive seamless care. He accepts Medicare assignment and is enrolled in PECOS, placing patient well-being at the forefront of his practice.

Dr. Lwakaaka maintains in-network partnerships with Aetna, Horizon Blue Cross Blue Shield of NJ, Horizon NJ Health, UnitedHealthcare, Tricare, and other major insurers, making high-level geriatric and mental health services accessible to a broad community. He continues to welcome new patients across multiple office locations and telehealth platforms.

Learn More about Fred F. Lwakaaka:

Through his online profile, <https://todaysnurse.org/nurse/4151811>

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