

Scott C. Bukow, CFMP, of San Juan Capistrano, California, Revolutionizes Cognitive Health Through Functional Neurology

A leader in functional medicine with global teaching experience, Scott Bukow is redefining neurological care



New York City, New York Jul 9, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Scott C. Bukow, CFMP, CCN, CHC, is a distinguished expert in functional neurology and cognitive health, dedicated to transforming patient care

for individuals suffering from Traumatic Brain Injuries (TBI), Attention Deficit Hyperactivity Disorder (ADHD), and COVID-19 Long Hauler symptoms. He founded his private practice, My Brain Mechanic, with the mission of providing innovative and effective treatment protocols that address the multifaceted challenges associated with brain health.

With over three decades of experience in functional medicine, Scott has served as the head educator for Metagenics and The Institute of Functional Medicine, equipping him with a profound understanding of the intricacies of brain function. He earned his CFMP from IFM/Metagenics in 1993, a B.S. and B.A. from Loyola Marymount University in 1990, and a Certified Health Coach designation from the Institute for Integrative Nutrition in 2021. This comprehensive educational background underpins his commitment to advancing therapeutic strategies tailored to individual needs.

Scott's approach is uniquely informed by his journey as a recovered severe TBI patient. This firsthand experience allows him to empathize deeply with his patients, understanding the hurdles they face during recovery. "While I cannot treat or diagnose conditions such as TBI, ADHD, or COVID Long Hauler symptoms, my objective is to optimize brain health and the gut-brain axis, guiding patients toward their fullest potential," he explains.

His practice employs cutting-edge protocols that blend functional neurology with advanced nutritional therapies, focusing on identifying and addressing root causes of cognitive and neurological issues. Scott prioritizes personalized care, fostering a nurturing environment where patients feel recognized and valued. "Every patient who enters my practice becomes part of a family committed to healing and transformation," he asserts.

Beyond his practice, Scott is passionate about education and has trained healthcare professionals across 23 countries in functional medicine principles. His significant contributions to the field have earned him numerous accolades, including the World Trade Center Award for Export Achievement in 2003, highlighting his global impact in advancing functional medicine.

After more than a decade of dedicated research, Scott proudly introduces the first-ever Medical Food Kit specifically formulated to support individuals with Post-Traumatic Brain Injury (PTBI) dysfunction. This groundbreaking advancement in neuro-nutritional care will be available to healthcare practitioners and their patients beginning late August 2026.

Learn More about Dr. Scott C. Bukow:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85023600-Scott-Bukow-Functional-Medicine> or through capistranorehab.com

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