

Paula Sockolich BSN, RN, Expands Integrative Healing Practice — Bridging Western Medicine and Energy Medicine for the Future of Healthcare



New York City, New York Jul 9, 2025 ([IssueWire.com](https://www.issuewire.com)) - With more than 35 years of exceptional experience in Neonatal, Pediatric Critical Care, and Adult Medicine within esteemed university hospitals, Paula Sockolich, BSN, RNC-NIC, is redefining the landscape of modern healing by combining the precision of Western medicine with the transformative power of Energy Medicine.

As the founder of Sacred Lotus Healing LLC, Paula brings a rare and powerful fusion of clinical expertise, holistic healing, and spiritual insight to her work. Her career spans leadership roles in medicine, education, and wellness advocacy, with a commitment to advancing integrative healing in hospitals, corporations, communities, and individual lives.

“The future of medicine lies in awakening to and embracing the power of frequency and vibration,” says Sockolich. “True healing goes beyond the physical—it starts at the energetic and spiritual levels.”

Paula's value lies in her ability to harmoniously integrate holistic wellness practices with her deep clinical foundation. Her expanded practice includes energy healing, transformational coaching, and spiritual mentorship, offering in-person and virtual sessions to clients around the globe. She also works with animals—especially horses—recognizing the profound healing connection between humans and the animal kingdom.

In 2011, a near-death experience awakened and amplified Paula's natural intuitive abilities, deepening her life's mission to serve humanity through healing. That moment was a continuation of a powerful life trajectory first acknowledged publicly by Dr. Maya Angelou, who, during Paula's senior year at Mount St. Mary's University, singled her out in a packed auditorium and said, *“You are going to do great things in this world.”*

Paula has since established herself as a transformational leader, known as a gifted educator, spiritual healer, Reverend, wellness trainer, and advocate for the future of integrative care. She is also a Certified Energy Medicine and Holistic Health Practitioner, a Level 4 NICU Staff Nurse, and a Wellness Advocate and Trainer for CENTROPIX, a global leader in PEMF and PMA frequency therapies.

Her clients and colleagues describe her as an empowering motivator, someone who inspires others to reach their highest potential through compassion, clarity, and deep spiritual alignment.

“I attribute my success to heartfelt determination, a deep commitment to listening to my spiritual calling, strong organizational skills, the courage to ask questions, and the guidance of supportive mentors,” says Sockolich.

“I bring joy, humor, and uplifting energy into every interaction, believing they are essential elements in both reducing stress and promoting deep healing.”

Paula offers private healing sessions, online trainings, workshops, and speaking engagements, and continues to expand her work across global platforms—all in service of a new paradigm in healthcare that is compassionate, integrated, and spiritually awakened.

Learn More about Paula Sockolich:

Through her online profile, <https://todaysnurse.org/nurse/4151532>

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Source : Paula Sockolich

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