

NewJerseySober.living Expands Services with Launch of IOP and PHP Programs

NewJerseySober.living Expands Services with Launch of IOP and PHP Programs to Meet Rising Demand for Addiction Treatment in New Jersey

Trenton, New Jersey Jul 14, 2025 ([Issuewire.com](https://www.issuewire.com)) - In a major step toward addressing the ongoing addiction crisis in New Jersey, NewJerseySober.living, a leading addiction recovery authority on the east coast, is proud to announce the official launch of its Intensive Outpatient Program (IOP) and Partial Hospitalization Program (PHP). These new clinical services expand the platform's mission of connecting individuals with life-saving recovery options across the state.

As substance use and mental health challenges continue to rise, the need for flexible, evidence-based treatment options has never been greater. With this expansion, New Jersey Sober Living now offers direct access to structured outpatient care designed to support clients at various stages of their recovery journey — from early stabilization to long-term maintenance.

“This expansion reflects our commitment to not only provide resources but to be part of the solution,” said a spokesperson for NewJerseySober.living.

The PHP program provides a structured, therapeutic environment during the day with medical oversight and group support, while allowing individuals to return home or to a sober living residence at night. The IOP program, ideal for those transitioning from residential care or needing more support than traditional outpatient therapy, offers flexible scheduling while maintaining clinical intensity. With three IOP location options clients can attend across Southern NJ and Eastern PA, the company offers locations in Cherry Hill, Voorhees Township and Berwyn, PA. This robust offering of multiple locations allows flexibility for clients with work and life routines.

About NewJerseySober.living

NewJerseySober.living is the leading online source of addiction treatment information and recovery resources in New Jersey. The platform connects individuals and families with verified treatment providers, sober living environments, and professional guidance. With a growing digital footprint and direct service offerings, NewJerseySober.living is reshaping how New Jerseyans access quality care in the fight against addiction.

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