

Jalandhar Emerges as a Hub for Bariatric Surgery in Punjab



Jalandhar, Punjab Jul 31, 2025 ([Issuewire.com](https://www.issuewire.com)) - Jalandhar has rapidly emerged as a leading destination for bariatric surgery in Punjab, catering to the growing need for effective weight loss solutions. With rising obesity rates and associated health complications like diabetes, hypertension, and heart disease, more patients are turning to bariatric surgery as a life-changing intervention. The city's advanced medical infrastructure, skilled surgeons, and affordable healthcare options have positioned it as a preferred choice for patients across North India. Rising awareness of bariatric benefits has boosted demand for weight loss surgery, making Jalandhar a key healthcare hub and increasing searches for the [best bariatric weight loss surgeon in Jalandhar](#).

"Bariatric surgery is not just about weight loss; it's about reclaiming health, confidence, and a better future," said a medical professional at [Coksmic Health City Hospital](#). Recent data highlights the surge of it with over 1,500 bariatric surgeries performed in Punjab in the last year alone, a 40% increase compared to previous years. Factors such as sedentary lifestyles, poor dietary habits, and genetic predispositions have contributed to this upward trend. As medical tourism grows, Jalandhar's expertise in minimally invasive techniques and post-operative care continues to attract patients seeking safe and sustainable weight loss solutions. The city's rise as a bariatric surgery hub underscores its commitment to combating obesity and transforming lives.

Jalandhar Sees Rising Demand for Bariatric Surgery as Obesity Rates Climb in Punjab

Jalandhar is witnessing a significant surge in demand for bariatric surgery as obesity and related metabolic disorders reach alarming levels in Punjab. With nearly 30% of Punjab's urban population classified as obese and an increasing number of young adults suffering from weight-related conditions

like type 2 diabetes and hypertension, bariatric surgery has become a critical medical intervention.

The city's state-of-the-art hospitals, experienced surgeons, and cost-effective treatment options have made it a preferred destination for patients not just from Punjab, but also from neighboring states like Haryana, Himachal Pradesh, and Rajasthan. The shift to minimally invasive techniques like sleeve gastrectomy and gastric bypass has boosted patient confidence, with faster recovery and lasting results, making [weight loss surgeons in India](#) more trusted than ever.

Advanced Minimally Invasive Techniques Position Jalandhar as a Leader in Weight Loss Solutions

Under the expert leadership of Dr. Amit Sood, Jalandhar has emerged as a pioneer in cutting-edge bariatric surgery, offering patients the most advanced minimally invasive weight loss solutions in North India. Dr. Sood and his team specialize in state-of-the-art laparoscopic techniques that ensure precision, safety, and optimal results with minimal downtime. With a commitment to adopting global innovations while maintaining affordable care, Dr. Sood has successfully transformed thousands of lives through these revolutionary procedures.

Advanced Bariatric Solutions in Jalandhar:

Single Port Laparoscopic Bariatric Surgery – Minimally invasive weight-loss surgery performed through a single small incision.

Laparoscopic Sleeve Gastrectomy (LSG) – Stomach is reduced to a narrow sleeve, restricting food intake.

Laparoscopic Roux-en-Y Gastric Bypass (RYGB) – The Stomach is divided into a small pouch and rerouted to bypass part of the intestine.

Laparoscopic Mini Gastric Bypass (MGB/OAGB) – Simplified gastric bypass with a single anastomosis for weight loss.

Laparoscopic Duodenal Switch – Combines sleeve gastrectomy with intestinal bypass for malabsorption.

Laparoscopic Adjustable Gastric Banding (LAGB) – An adjustable band is placed around the stomach to limit food intake.

Laparoscopic Single Anastomosis Duodenal Switch – A modified duodenal switch with one intestinal connection for weight loss.

Excellence in Bariatric Surgery with Patient-Centric Care

Renowned bariatric surgeon Dr. Amit Sood has redefined weight loss surgery in India through his exceptional surgical skills and unwavering commitment to patient well-being. With over a decade of specialized experience, Dr. Sood has successfully performed more than 3,000 bariatric procedures, earning recognition as one of North India's most trusted bariatric specialists. His unique approach combines surgical precision with compassionate care, ensuring each patient receives personalized treatment from initial consultation through long-term follow-up. Dr. Sood's dedication to advancing bariatric medicine has positioned him as a leader in the field while making Jalandhar a preferred

destination for weight loss surgery.

Key Highlights:

- Performs advanced laparoscopic and robotic bariatric procedures with exceptional outcomes.
- Specializes in complex revision surgeries for failed weight loss procedures.
- Leads a multidisciplinary team for comprehensive pre- and post-operative care.
- Maintains one of Punjab's highest success rates in metabolic surgery.
- Focuses on patient education and lifestyle modification for lasting results.
- Offers affordable treatment options without compromising quality.
- Pioneered several minimally invasive techniques in the region.
- Provides 24/7 patient support and regular follow-up programs.
- Certified by international bariatric surgery associations.
- Trains new surgeons in advanced weight loss surgical techniques.

Jalandhar has firmly established itself as Punjab's leading hub for bariatric surgery, offering world-class treatment, cutting-edge techniques, and affordable care.

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