

GreenCape Health Partners with Arnold Arthritis in Skokie, IL, to Enhance Remote Symptom Monitoring



Greenville, South Carolina Jul 28, 2025 ([Issuewire.com](https://www.issuewire.com)) - **GreenCape Health** is excited to announce a strategic partnership with **Arnold Arthritis & Rheumatology**, a patient-focused rheumatology practice led by board-certified rheumatologist **Dr. Erin Arnold in Skokie, IL**. The collaboration will integrate GreenCape's mobile patient-reported outcomes platform **mPRO™** into the practice's care model, empowering patients living with autoimmune conditions like rheumatoid arthritis, psoriatic arthritis, and ankylosing spondylitis.

Dr. Erin Arnold has developed an innovative approach to the care of patients with arthritis. She has designed her practice so that everything from a live voice answering calls to onsite imaging, infusion center and physical therapy, is done to enhance patient experience and maximize results. She works

closely with a multidisciplinary team to ensure each patient receives a comprehensive Personal Care Plan (PCP) and the highest standard of care.

“By integrating mPRO™ into our practice, we can see symptom and disease activity trends earlier—between visits—allowing us to provide more proactive, personalized care,” said Dr. Arnold.

mPRO™, developed by GreenCape Health, enables patients to record symptoms, disease activity, and quality-of-life metrics between their face-to-face visits. The platform was validated across three clinical trials over seven years by **Daniel H. Solomon, MD, MPH**, a rheumatologist and clinical researcher at the **Brigham and Women's Hospital in Boston, MA**.

“mPRO™ was built on evidence demonstrating that frequent and longitudinal patient reports of symptoms and quality-of-life measures are essential to providing great care,” said Dr. Solomon, Liang Endowed Chair in Arthritis and Population Health at Brigham and Women's Hospital, Professor of Medicine at Harvard Medical School, and GreenCape cofounder. “We're pleased to see Arnold Arthritis adopt mPRO™ to provide personalized, attentive care.”

About GreenCape Health

Based in Greenville, South Carolina, GreenCape Health offers mPRO™, a mobile patient-reported outcomes platform that allows patients to record symptoms and disease activity over time. Care teams use the data to remotely monitor, triage, and prioritize patient care. mPRO™ supports rheumatological conditions including rheumatoid arthritis, psoriatic arthritis, lupus, ankylosing spondylitis, and fibromyalgia. GreenCape is expanding into palliative and hospice care. For more information, visit www.greencapehealth.com.

About Arnold Arthritis & Rheumatology

Located at 4709 W. Golf Road, Suite 300, Skokie, IL, Arnold Arthritis & Rheumatology is a patient-focused community rheumatology practice founded by Erin Arnold, MD. Dr. Arnold is a board-certified rheumatologist, a Fellow of the American College of Rheumatology, and a leading specialist in the diagnosis and treatment of rheumatologic and autoimmune conditions including rheumatoid and psoriatic arthritis, osteoarthritis, ankylosing spondylitis and gout. She is dedicated to providing her patients with the most personal, innovative, and effective treatments available in Rheumatology. Learn more at <https://arnoldarthritis.com/> or call 847-869-7233.

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