

Dr. Eduardo Flores Advances Patient-Centered Internal Medicine Care in Potomac, MD

Board-certified internist brings empathetic, comprehensive wellness and chronic care to diverse adult populations

New York City, New York Jul 9, 2025 ([Issuewire.com](https://www.issuewire.com)) - Potomac Family & Internal Medicine is proud to welcome Dr. Eduardo Flores, MD, to its team, offering the Potomac community and surrounding areas holistic, evidence-based internal medicine care. With a focus on empathetic treatment and preventative health, Dr. Flores is committed to improving lifelong wellness for adult patients across the region.

Dr. Flores earned his Doctor of Medicine and completed his residency in internal medicine. As a board-certified physician, he specializes in a broad spectrum of adult care: preventive health, chronic disease management (including diabetes, hypertension, and hyperlipidemia), acute illness care, and age-related health optimization. His approach centers on listening, patient education, and integrating lifestyle medicine into everyday clinical practice.

At Potomac Family & Internal Medicine, Dr. Flores is known for his engaging bedside manner, clear communication, and personalized care planning. Services include annual physicals, immunizations, medication management, behavioral health screening, nutrition and exercise counseling, and coordination with specialists as needed. He believes in empowering patients to take control of their health through shared decision-making and education.

Dr. Flores is deeply involved in community health advocacy. He regularly participates in local wellness events, senior health fairs, and virtual health workshops. His outreach emphasizes accessible care, early detection, and health equity in Potomac and nearby neighborhoods.

Looking forward, Dr. Flores plans to expand telehealth offerings, introduce group health education sessions (such as chronic disease prevention workshops), and launch a mobile clinic initiative to serve under-resourced communities. His vision supports Potomac Family & Internal Medicine's mission to deliver compassionate, equitable, and patient-centered healthcare for all.

Learn More about Dr. Eduardo Flores:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1046714-Eduardo-Flores-Internist>, or through potomacfamhealth.com

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Source : Dr. Eduardo Flores

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