

Dr. Jeffrey Lefkovitz Unveils Revolutionary Approach to Neurological Recovery in Groundbreaking Book "Unparalyzed"

Learning to Move, Stand, and Walk Again – Volume 1



Books to Life Marketing
KNOW YOUR BOOK'S PURPOSE TO LIFE

London, United Kingdom Jul 31, 2025 (Issuewire.com) - Pioneering health practitioner and inventor **Dr. Jeffrey Thomas Lefkovitz** announces the release of his revolutionary new book, *Unparalyzed: Learning to Move, Stand, and Walk Again – Volume 1* now available in

hardcover, paperback, and eBook formats, this bold work redefines what's possible for those living with paralysis and neurological injury.

“The current paradigm regarding neurological recovery is that it is incurable... We believe more is possible. That's why we created the MAS - a breakthrough forged through thousands of clinical hours and patient feedback.” — Dr. Jeffrey Lefkowitz

After decades in the field of chiropractic, acupuncture, massage, and exercise science, Dr. Lefkowitz's life changed when he met Gary — a patient determined to walk again despite his paralysis. Their journey led to the invention of the groundbreaking **MAS (Mobility Activation System)**, a device now used globally in neurological rehabilitation centers. This book chronicles their path and delivers a reproducible recovery system that is transforming lives around the world.

Part memoir, part medical innovation manual, *Unparalyzed* equips therapists, patients, and families with tools and hope. Dr. Lefkowitz's work has impacted World Cup athletes, MMA fighters, and Olympic champions - but it's his devotion to the overlooked and underserved that shines brightest in this inspiring publication. Dr. Lefkowitz recently had a powerful podcast interview on The Chris Voss Show, where he shared insights on neuro-recovery, innovation, and the story behind *Unparalyzed*.

Watch the interview: [Chris Voss Show - YouTube](#)

Dr. Jeffrey Lefkowitz is the founder of **ARC (Abilities Recovery Center)** in Los Angeles and the creator of the MAS device. His work continues to influence neurological recovery protocols worldwide, offering new hope by teaching people to learn how to move, stand, and walk again.

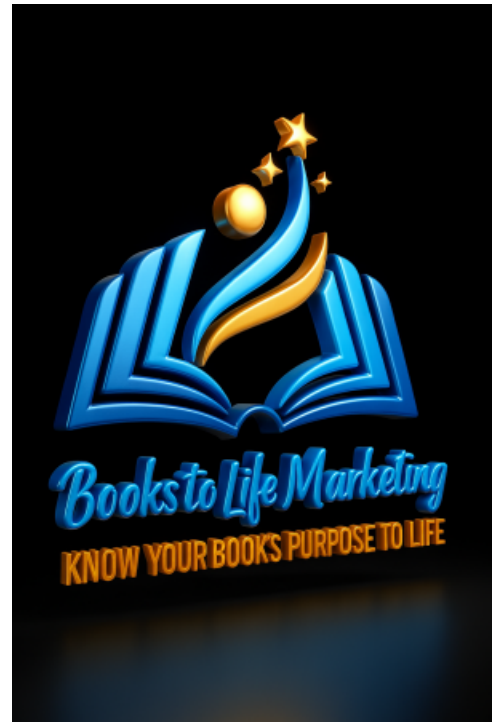
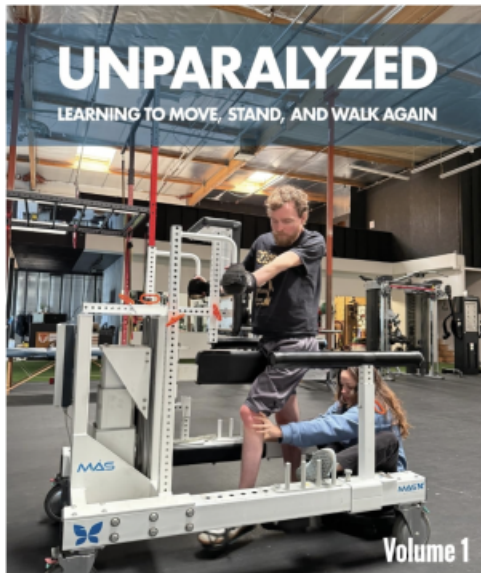
To learn more and order the book, visit:

Amazon: [Click Here](#)

Barnes & Noble: [Click Here](#)

Websites: www.arc-la.com | www.masmfg.com





Media Contact

Books to Life Marketing

*****@bookstolifemarketing.com

+44 808 178 0988

128 City Road

Source : Books to Life Marketing

[See on IssueWire](#)