

Dr. Cybele Johnson Expands Comprehensive Internal Medicine Care in the Twin City area.

Board-certified internist delivers patient-focused wellness and chronic care across the lifespan



New York City, New York Jul 9, 2025 ([Issuewire.com](https://www.issuewire.com)) - With a focus on compassionate, evidence-

driven care, Dr. Johnson provides holistic internal medicine services designed to optimize lifelong health for adult patients across the region.

Dr. Johnson earned her Doctor of Osteopathic Medicine and completed her residency training in internal medicine. As a board-certified physician, she specializes in preventive health, chronic disease management—including diabetes, hypertension, and hyperlipidemia—and acute illness care. Her education in osteopathic principles enriches her patient-centered approach with attention to the musculoskeletal, behavioral, and lifestyle aspects of comprehensive well-being.

Dr. Johnson is known for her warm listening style, clear communication, and individualized care planning. She offers a wide range of services, including routine physical exams, immunizations, medication management, behavioral health screening, and patient education. Her approach encourages shared decision-making and equips patients to take an active role in their health journey.

In addition to clinical practice, Dr. Johnson engages in community outreach and education. She participates in local health screenings and wellness fairs. Her focus on accessible healthcare ensures she serves as a champion for preventive education and early detection efforts.

Looking ahead, Dr. Johnson plans quarterly blogs associated with Inspiring Massage, a Minnetonka-based business. Also, is planning new ventures with a mission to deliver equitable, accessible, and compassionate preventative healthcare and treat those with chronic disease states in all patients aged 17 and up. LGBT friendly.

Learn More about Dr. Cybele Johnson:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/8121205-Cybele-Johnson-internist-Edina-Minnesota-55435>, or
through plymouthfamhealth.com

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Cybele Johnson

[See on IssueWire](#)