## Chien Doll Strengthens Family & Internal Medicine Care in Norfolk, VA

Board-certified family nurse practitioner brings personalized, preventive health and wellness to the Hampton Roads community



**New York City, New York Jul 13, 2025 (**<u>Issuewire.com</u>) - Sentara Internal Medicine Physicians is proud to welcome Chien Doll, NP, a licensed family nurse practitioner based in Norfolk, VA. With robust clinical training and a patient-first philosophy, Chien delivers high-quality primary care that empowers

adult patients through compassionate support, expert guidance, and collaborative treatment strategies.

Chien earned her Family Nurse Practitioner degree from the University of Texas at El Paso in 2014 and holds board certification from the American Academy of Nurse Practitioners. Her practice focuses on comprehensive adult and family care, including chronic disease management (such as arthritis, asthma, diabetes, and dementia), preventive screenings, lifestyle counseling, and acute illness assessment.

At Sentara Internal Medicine, Chien is celebrated for her kind bedside manner and strong clinical acumen. She supports patients with conditions such as Alzheimer's dementia, arthritis, and asthma, crafting individualized care plans that blend medical management with healthy lifestyle recommendations. Chien encourages her patients—"stay active in any way possible"—promoting small, sustainable steps toward well-being.

Beyond clinical care, Chien is deeply committed to patient education and preventive wellness. She holds regular wellness check-ins, offers health workshops on managing chronic conditions, and prioritizes clear communication so patients can make confident decisions about their health.

Looking ahead, Chien plans to introduce telehealth follow-ups for chronic disease monitoring, lead community wellness events, and collaborate with local organizations on public health initiatives. Her dedication reflects Sentara Internal Medicine Physicians' mission to build healthier lives across Southeastern Virginia.

## **Learn More about Chien Doll:**

Through her online profile, <a href="https://todaysnurse.org/nurse/4151717">https://todaysnurse.org/nurse/4151717</a>

## **Media Contact**

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Source: Chien Doll

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