

Charles B. Lerner, MSAc, DC, Brings Expert Chiropractic Care, Acupuncture Treatment, and Spinal Decompression Therapy to the Litchfield, CT Area

Experienced Physician Dedicated to Holistic Pain Management and Patients in Connecticut and its surroundings



New York City, New York Jul 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. Charles B. Lerner, MSAc, DC, a highly skilled chiropractor and acupuncturist with a strong commitment to patient-centered care, has a well established practice in Litchfield, Connecticut. He offers comprehensive chiropractic services, acupuncture treatment and non- surgical spinal decompression therapy designed to improve mobility, reduce pain, and enhance overall wellness.

Dr. Lerner brings 40 years of experience in spinal health, musculoskeletal rehabilitation, and a variety of other holistic treatment approaches. Operating in Litchfield, CT, he provides personalized chiropractic care for conditions including back, neck, and extremity pain, headaches, sports injuries, and chronic musculoskeletal issues. Dr. Lerner is also able to treat many organ-based diseases, autoimmune diseases, and other dysfunctional metabolic disorders through an acupuncture approach. He utilizes the use of a spinal decompression table to heal spinal disc disorders, including disc bulges, herniated discs, and spinal stenosis. He is dedicated to using non-invasive, drug-free, gentle methods to support natural healing and restore function.

In his practice, Dr. Lerner employs various chiropractic techniques, acupuncture treatments, and non-surgical spinal decompression therapy combined with therapeutic exercises and lifestyle counseling to bring healing as a goal. His approach is to address the root causes of pain and/or disease while promoting long-term health sustenance and injury prevention. Patients benefit from his thorough assessments and tailored treatment plans designed to meet individual patient needs.

Known for his compassionate and approachable manner, Dr. Lerner emphasizes patient education and active participation in care. He works closely with each patient to ensure they understand their condition and treatment options, fostering a collaborative environment that supports healing and recovery.

Looking ahead, Dr. Lerner is committed to enhancing the quality of life for his patients through continued education, proactive care, and holistic health initiatives.

Learn More about Dr. Charles B. Lerner:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1672158-Charles-Lerner-Chiropractor>, or through <https://drcharlesblerner.com/>

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Source : Dr. Charles B. Lerner

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