

Catherine M. Zuniga, BSN, RN, CPAN, Founder & CEO of PACU Nursing Minutes LLC.

Nurse Cathy Emerges as a Leading Nurse Entrepreneur & Educator in the Pacific Northwest, an Innovative Nursing Author Dedicated to Advancing Nursing Education, Healthcare, & Leadership

New York City, New York Jul 3, 2025 ([IssueWire.com](https://www.issuewire.com)) - Nurse Cathy is a dynamic lifelong healthcare provider, educator, and author. She continues to make significant strides in nursing professional development, serving as a powerful advocate for nurses and healthcare innovation.

Nurse Cathy holds a Bachelor of Science with a focus in Nursing from Neumann University, Aston, PA., Class of 2000, and is a licensed Registered Nurse of 25 years, and a Certified Post Anesthesia Nurse (CPAN). As CEO, she envisions and pioneers initiatives that empower nurses to excel in clinical practice, knowledge, and leadership. Her expertise as an educator and author has influenced countless nursing professionals to expand their knowledge and skills to achieve specialty perianesthesia certification (i.e., certified perianesthesia nurse (CAPA®) or certified post anesthesia nurse (CPAN®)).

In her multifaceted entrepreneur role, Nurse Cathy has developed innovative digital educational programs and, most recently, newly authored an influential, peer-reviewed, digital certification reference, the [Companion E-Study Guide for the CAPA® / CPAN® Certification Review Course](#), and she coaches nurses aspiring to advanced certified clinical leadership roles. Her vision integrates experiential nursing with business acumen to inspire sustainable growth and improved patient care outcomes through education, with a focus on prevention of surgical and anesthesia complications through nursing specialty certification education like the CAPA® and CPAN® exams.

Known for her motivational leadership and commitment to professional excellence through advocating for ongoing perianesthesia education and certification ([110RNs Certified & counting](#)). Nurse Cathy actively seeks opportunities to cultivate a supportive environment for professional nursing development. Her entrepreneurial spirit and passion for education have established her as a respected voice within the perianesthesia nursing certification community and abroad.

Looking ahead, Nurse Cathy plans to expand her educational offerings and author new works aimed at empowering nurses everywhere. Her dedication to fostering nurse leadership and entrepreneurship positions her as a transformative figure advancing the future of nursing and healthcare innovation.

Learn More about Nurse Cathy:

Through her online profile, <https://todaysnurse.org/nurse/4151535>

Media Contact

TodaysNurse

*****@todaysnurse.com

Source : Catherine M. Zuniga

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