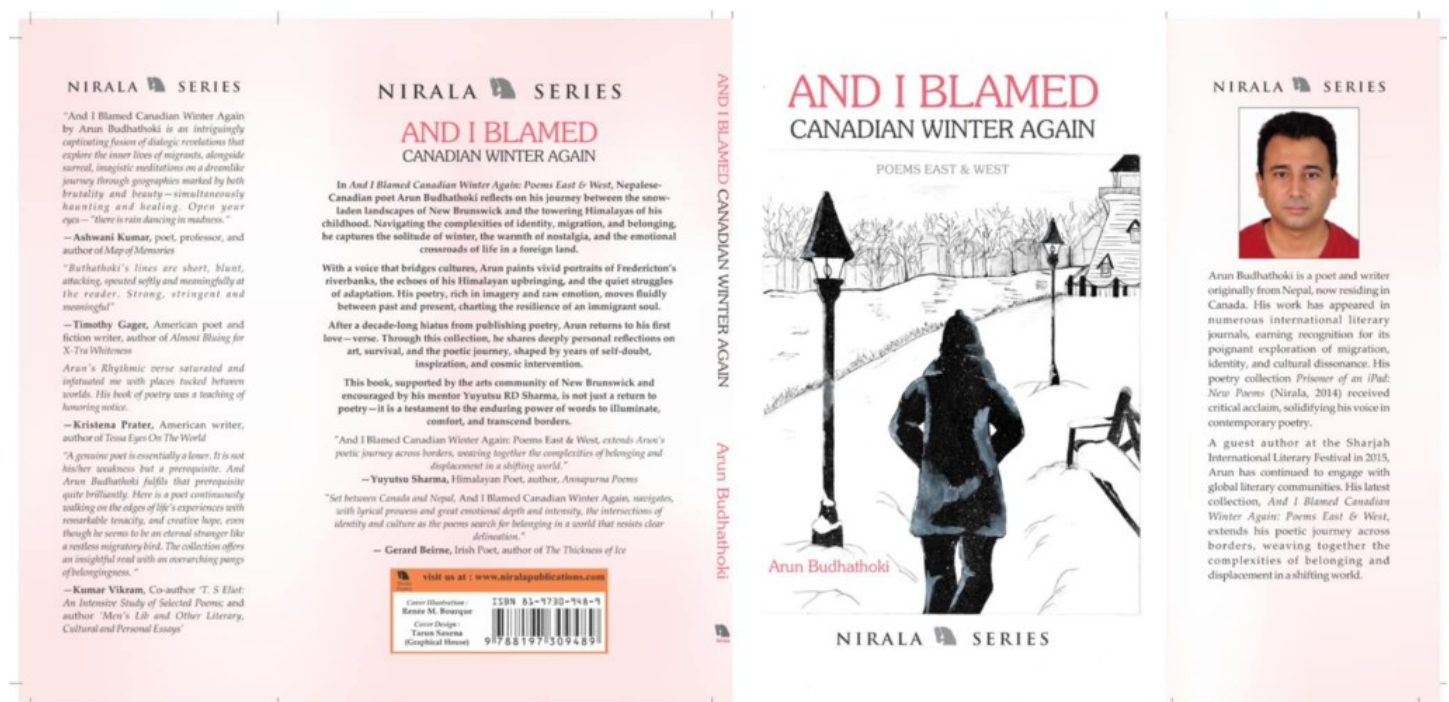


Canada-Based Nepalese Poet Arun Budhathoki Returns with a Bold New Collection: And I Blamed Canadian Winter Again



Fredericton, New Brunswick Jul 20, 2025 (IssueWire.com) - ISBN-13: 978-8197309489 |

Paperback | 96 pages | \$19.95 (495 INR, shipping included)

Order Now: [Nirala Publications](http://NiralaPublications)

Amazon | [USA](#) | [Canada](#) | [India](#)

Bulk Orders: niralapublications@gmail.com

Available for libraries and bookstores through Itasca Book Distribution, Minneapolis, USA

Celebrated Canada-based Nepalese poet Arun Budhathoki marks his return to poetry with the release of his compelling new collection, *And I Blamed Canadian Winter Again: Poems East & West*. This lyrical offering bridges continents and cultures, exploring themes of migration, identity, and belonging through verses rooted in both the snow-drenched landscapes of New Brunswick and the towering Himalayas of his youth.

After a decade-long hiatus from publishing poetry, Budhathoki returns to his first love—verse—crafting an intimate portrait of an immigrant's emotional geography. With poems that flow between past and present, East and West, solitude and memory, the collection captures the quiet struggles of adaptation, the resilience of the soul, and the aching beauty of distance and dislocation.

"This book is not just a return to poetry," Budhathoki says, "it is a testament to the enduring power of words to illuminate, comfort, and transcend borders."

Supported by the arts community of New Brunswick and encouraged by his mentor, renowned Himalayan poet Yuyutsu RD Sharma, this collection speaks to the universal human desire to find home—wherever it may lie.

Praise for And I Blamed Canadian Winter Again:

“Extends Arun’s poetic journey across borders, weaving together the complexities of belonging and displacement in a shifting world.”

— Yuyutsu Sharma, Himalayan Poet, author, Annapurna Poems

“A captivating fusion of dialogic revelations that explore the inner lives of migrants... simultaneously haunting and healing.”

— Ashwani Kumar, Indian poet and author, Map of Memories

“Short, blunt, attacking... Strong, stringent and meaningful.”

— Timothy Gager, American poet and author, Almost Bluing for X-Tra Whiteness

“Here is a poet walking the edges of life’s experiences with creative hope... like a restless migratory bird.”

— Kumar Vikram, author, Men’s Lib and co-author, T.S. Eliot: An Intensive Study

“Arun’s rhythmic verse saturated and infatuated me with places tucked between worlds.”

— Kristena Prater, American writer, author, Tessa Eyes On The World

About the Author:

Arun Budhathoki is a Canada-based Nepalese poet and writer whose work has appeared in Vice, The Guardian, The Financial Times, Asia Times, Nikkei Asian Review, and numerous international journals. His previous poetry collection, Prisoner of an iPad: New Poems (2014), garnered critical acclaim. He was a guest author at the 2015 Sharjah International Literary Festival and has translated Shramatan: A Nepalese Migrant Worker’s Memoir by B.N. Joshi into English. Currently based in Canada, Arun continues to engage with global literary communities through his writing and translations.

Media Contact:

To request a review copy, schedule an interview, or for media inquiries, please contact:

✉ niralapublications@gmail.com

Media Contact

Timur Consulting

*****@gmail.com

Source : Nirala Publications

[See on IssueWire](#)