

Barbara J. Homrich, PhD, LPC: Leading Expert in Mental Health and Addiction Counseling in Grand Rapids, Michigan

Empowering Individuals Through Comprehensive Care and Community Engagement



New York City, New York Jul 21, 2025 ([Issuewire.com](https://www.issuewire.com)) - Barbara J. Homrich, PhD, LPC, ICAADC, CCTP, CEDS, a highly esteemed mental health professional with a robust portfolio of qualifications, is making significant strides in the fields of psychological health and substance abuse counseling. As the

Co-Owner of ClearWater Counseling & Wellness, LLC in Grand Rapids, Michigan, Dr. Homrich specializes in a diverse range of mental health issues, including eating disorders, addictions, trauma, and co-occurring disorders, providing vital services to children aged 12 and older, adolescents, and adults in her community.

With over 30 years of clinical experience, Dr. Homrich holds multiple prestigious titles, including Licensed Clinical Psychologist, Licensed Professional Counselor, Internationally Certified Advanced Alcohol & Drug Counselor, Certified Advanced Hypnotherapist, Certified Clinical Trauma Professional, and Certified Eating Disorder Specialist. Her extensive expertise allows her to evaluate and treat patients using a blend of psychotherapy techniques, including Cognitive Behavioral Therapy (CBT) and other evidence-based methods. This multifaceted approach ensures that each patient receives the personalized care they need for recovery.

Dr. Homrich's academic journey began with a Bachelor of Science in Psychology from Grand Valley State University in 1995. She then advanced her studies at Western Michigan University, where she completed both a Master of Science and a Specialty Program in Alcohol & Drug Abuse in 1998. Her pursuit of knowledge culminated in a Ph.D. from Walden University in 2004, further solidifying her commitment to the field.

In addition to her clinical practice, Dr. Homrich is dedicated to mentorship and education. She actively supervises graduate level students (medical & behavioral health) and collaborates with multidisciplinary teams, including primary care physicians, psychiatric hospitals, and universities, to enhance patient care. Her commitment to professional development is evident in her involvement over the years with organizations such as the American Psychological Association, the Association for Addiction Professionals, the National Guild of Hypnotherapists, the Grand Rapids Area Psychology Association, and the Association of Women Therapists, Grand Rapids.

"I believe in the power of the individual, research, and compassion to transform lives," said Dr. Homrich. "My goal is to create an environment where patients feel empowered to navigate their challenges and embrace growth."

Her clinical contributions extend beyond traditional therapy. Dr. Homrich is recognized for her work in the field of addictive behaviors and has served as a consultant and lecturer throughout the greater Grand Rapids area. She is also the author of "Autonomy Disturbance: A Psychological Characteristic in Anorexia," which has been printed in several languages and is available worldwide, further showcasing her dedication to advancing the understanding of eating disorders.

Dr. Homrich's excellence and commitment have not gone unnoticed. She has received several accolades, including a listing in Marquis Who's Who in 2008 and being named one of Michigan's Top Docs for 2025 by Michigan's Best Magazine. When reflecting on her achievements, she attributes her success to perseverance, hard work, and a supportive family - qualities that have undoubtedly fueled her impactful career.

In her role at ClearWater Counseling & Wellness, Dr. Homrich specializes in treating mental health and substance abuse issues, helping individuals from various backgrounds find their way to recovery. Her passion for working with complex issues is evident in her dedication to understanding her patients deeply and providing tailored treatment plans that address their unique needs.

As a credentialed clinical provider for the Health Professional Recovery Program (HPRP), Dr. Homrich offers support to healthcare professionals struggling with mental health and/or substance abuse issues,

ensuring public safety and well-being while they continue to serve their communities. This aspect of her practice highlights her commitment to not only her patients but also to the broader healthcare community.

Beyond her clinical work, Dr. Homrich is actively engaged in community outreach, promoting mental health awareness and offering guidance to organizations in building supportive frameworks for individuals in need. Her work aims to destigmatize mental health challenges and encourage open conversations about emotional well-being.

Dr. Homrich's multifaceted approach to mental health care, combined with her extensive experience and unwavering commitment to her patients, positions her as a leader in the field. As she continues to empower individuals and foster resilience within her community, Dr. Barbara J. Homrich remains dedicated to making a lasting impact in the world of psychology and addiction counseling.

Learn More about Dr. Barbara J. Homrich:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/971917-Barbara-Homrich-Psychologist> or through ClearWater Counseling & Wellness, LLC, <https://clearwatergr.com/barbhomrich/>

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