

Andria Howard, MS, LPC-MHSP, NCC, EdD, Elevates Community Mental Health with Compassionate Counseling

Committed to Empowering Clients through Transformative Care



New York City, New York Jul 30, 2025 ([Issuewire.com](https://www.issuewire.com)) - Andria Howard, MS, LPC-MHSP, NCC, is a dedicated and experienced Licensed Professional Counselor in Smyrna, Tennessee. Her extensive experience spans over six years in community mental health, where she has successfully assisted clients dealing with a range of issues, including anxiety, PTSD, depression, ADHD, relationship difficulties, bipolar disorder, schizophrenia, OCD, and more.

With a Doctor of Education (EdD) degree focused on Community Care and Traumatology from Liberty University and a Master of Counseling Psychology from Capella University, Dr. Howard is committed to providing high-quality mental health services that empower individuals to overcome their challenges. Her unique approach, rooted in relatability and a non-judgmental demeanor, allows her to connect with clients on a personal level, creating a safe and supportive environment for healing and growth.

"My success as a counselor is attributed to my ability to relate to my clients genuinely and to provide a non-judgmental space where they feel comfortable expressing their thoughts and feelings," Dr. Howard shared. "I believe in empowering individuals through transformative therapeutic care, helping them navigate their challenges and emerge stronger."

Dr. Howard's recent promotion to Licensed Counselor III signifies her commitment to both personal and professional growth, as she continuously refines her skills to meet the diverse needs of her clientele. Her practice is characterized by compassion and understanding, and she is passionate about enriching her organization's culture of empathy and support.

In addition to her in-person sessions, Dr. Howard offers online counseling options via video or phone, providing flexibility for clients' schedules. She is generally available throughout the week, except Saturdays, making her services accessible to a wider audience.

Learn More about Dr. Andria Howard:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85023964-Andria-Howard-Counselor-Therapist> or through her website, <https://www.andriahoward.com/>

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