

Addison Lerner-Lentz, DPT, FAAOMPT, COMT, Elevates Patient Care as Owner and Director of Pain Relief & Physical Therapy

Leading the Way in Modern Rehab Care in Havertown, Pennsylvania Through Expertise, Innovation, and Compassionate Treatment



New York City, New York Jul 30, 2025 ([Issuewire.com](https://www.issuewire.com)) - Addison Lerner-Lentz, DPT, FAAOMPT, COMT, is a distinguished licensed physical therapist and the Owner and Director of Pain Relief & Physical Therapy in Havertown, Pennsylvania. Known for its state-of-the-art equipment and a dedicated team of experts, the clinic is committed to providing exceptional rehabilitation services and personalized

care. Dr. Lerner-Lentz and her staff take great pride in their work, focusing on restoring patients to their normal daily activities as swiftly and effectively as possible, all while ensuring a pain-free experience.

Dr. Lerner-Lentz earned her Bachelor of Science Degree in Health Studies and her Doctor of Physical Therapy Degree from Utica College. Her commitment to professional development led her to obtain her COMT certification in 2013 through Maitland-Australian Physiotherapy Seminars. In February 2020, she completed a fellowship in manual therapy, further enhancing her expertise in the field. Since 2021, she has also served as an Adjunct Professor in the Physical Therapy Program at Tufts University, sharing her knowledge and experience with future physical therapists.

In addition to her clinical responsibilities, Dr. Lerner-Lentz is the Center Coordinator of Clinical Education (CCCE) at Pain Relief & Physical Therapy, a position she has held since joining the clinic in June 2010. She took ownership of the facility in January 2023, where she oversees the clinical rotations for Doctor of Physical Therapy students, ensuring they receive comprehensive training through well-structured schedules and evaluations.

Dr. Lerner-Lentz is an active member of the American Physical Therapy Association and a Fellow of the American Academy of Orthopedic Manual Physical Therapists. Her current research focuses on cervicogenic headache disorders, underscoring her dedication to advancing knowledge and treatment in her specialty.

Learn More about Dr. Addison Lerner-Lentz:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2791076-Addison-Lerner-Lentz-Physical-Therapist> or through Pain Relief & Physical Therapy, <https://painrelief-pt.com/staff>

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