

Untethered Psychological Services with Kelsey Clews Fryer, PsyD

Empowering Pre-Teens, Adolescents, and Adults with Therapy, Assessments, and Compassionate Support for Living Fully and Authentically



New York City, New York Jul 24, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Kelsey Clews Fryer, PsyD, a seasoned psychologist with over 12 years of experience, continues to make a meaningful impact through her private practice, Untethered Psychological Services, located in Pleasant Grove, Utah. She is passionate about helping pre-teens, adolescents, and adults navigate the complexities of their emotional and

psychological landscapes through the power of genuine connection.

Dr. Fryer believes that authentic relationships are fundamental to health and healing. Her therapeutic approach emphasizes understanding how past experiences, family dynamics, and cultural influences shape individuals' belief systems, identities, and behavioral patterns. By addressing these factors, Dr. Fryer empowers her clients to overcome limitations and live fuller, more grounded lives.

"I believe in the transformative power of authentic connection," said Dr. Fryer. "My goal is to help individuals understand their unique experiences, clarify their strengths and struggles, and develop the skills necessary for personal growth."

In addition to individual and family therapy, Dr. Fryer also specializes in neuropsychological testing, viewing it as an essential tool for understanding clients' phenomenological experiences. Through testing, she provides valuable insights that guide her clients on their journeys toward healing and personal development.

Dr. Fryer earned her Master's and Doctoral degrees from The Chicago School of Professional Psychology. Her diverse experience includes working in a variety of settings, such as correctional facilities, brain injury clinics, state hospitals, and pediatric primary care clinics. This extensive background equips her with a well-rounded perspective on the mental health needs of her clients.

When she is not in the office, Dr. Fryer is a devoted mother to two spirited daughters and a loving wife. Together, they embrace the beauty of the outdoors and cherish moments filled with laughter and joy. Dr. Fryer believes that a deep connection with nature and loved ones is vital for centeredness and healing.

Dr. Kelsey Clews Fryer invites individuals and families seeking support to reach out to Untethered Psychological Services. Together, they can explore the path toward authentic connection and personal growth.

Learn More about Dr. Kelsey Clews Fryer:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/84406010-Kelsey-Fryer-Psychologist> or through her website, <https://www.untetheredpsychservices.com/>

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Source : Dr. Kelsey Clews Fryer

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