

## Timothy A. Naumann, MSN, FNP-BC, CPSS: Leading Holistic Mental Health Care at Daylight Wellness in Piedmont, SC

Leading a Dedicated Team Focused on Empowering Patients to Overcome Mental Health Challenges and Addiction



**New York City, New York Jun 10, 2025 ([Issuewire.com](https://www.issuewire.com))** - Daylight Wellness Group, under the leadership of Board-Certified Family Nurse Practitioner Timothy A. Naumann, is redefining the approach to mental health and addiction treatment in Piedmont, South Carolina. With a mission to “help patients gain their freedom from the bonds of mental health illness and addiction,” Daylight Wellness Group adopts a patient-centered, evidence-based, and holistic approach to care. As stated on their website, “Our goal is to assist our patients in enjoying this world, not just existing in it.”

Timothy's journey in healthcare began with his service in the U.S. Army as a Combat Medic. This foundational experience in trauma care and patient-centered service ignited his passion for helping others. After completing his military service, Timothy pursued a Bachelor of Science in Nursing from the University of South Carolina Upstate in 2010. His dedication to expanding his knowledge and skills led him to earn a Master of Science in Nursing with a focus on Family Nurse Practice from Walden University in 2015.

His clinical journey took a pivotal turn when he recognized a significant gap in behavioral health services for veterans. After working as a primary care provider, Timothy was approached by a veteran who needed someone who understood their unique experiences. This encounter fueled his determination to specialize in mental health, particularly in supporting veterans and first responders facing the challenges of trauma and addiction. "I wanted to find ways to help patients find inner peace and understanding," Naumann explains. "It's vital for them to know they are not alone in their struggles."

With over two decades of combined experience in the healthcare industry, Timothy is acutely aware of the complexities surrounding mental health and addiction. His commitment to addressing these issues led him to receive SAMHSA certification for prescribing and managing patients through Medication-assisted Treatment (MAT). He utilizes medications such as Subutex, Sublocade, and Vivitrol to assist patients with a history of substance abuse, providing them with the tools necessary for recovery.

In addition to his work in addiction treatment, Timothy specializes in pharmacogenomics testing, which employs genetic testing to determine the most effective medications for each patient. This innovative approach allows for tailored treatments that enhance patient outcomes and foster a more effective recovery process.

Timothy is a proud member of the American Nurses Credentialing Center and the American Association of Nurse Practitioners, reflecting his unwavering commitment to professional excellence and ongoing development within the nursing community. His success in the field is attributed to a unique blend of experiences, having been both a patient advocate and provider. The discipline, resilience, and leadership he developed during his military service continue to guide his practice today.

Moreover, Timothy acknowledges the critical role played by his dedicated team, particularly his wife, Jeanette Naumann, who serves as the Practice Manager. Together with their colleagues, they foster a compassionate and effective care environment, focused on making a meaningful difference in the lives of their patients. "Having a supportive team is invaluable," he emphasizes. "Together, we strive to create a space where individuals feel understood, valued, and empowered to take control of their mental health journey."

As Daylight Wellness Group continues to grow, Timothy Naumann remains committed to raising awareness about mental health issues and advocating for those in need. His vision is to create a community where individuals can access the resources and support necessary to thrive.

### **Learn More about Timothy A. Naumann:**

Through his online profile, <http://todaysnurse.org/nurse/4151404> or through Daylight Wellness Group, <https://daylightwellnessgroup.com/about-us/>

## Media Contact

Today'sNurse

\*\*\*\*\*@todaysnurse.com

Source : Timothy A. Naumann

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