

Soul Meadow Holistic Expands Access to Reiki Healing and Psychotherapy Services in Chandigarh

Empowering individuals with personalized energy healing, chakra therapy, and trauma-informed psychotherapy—now available both in-person and online worldwide.



Chandigarh, India Jun 15, 2025 ([Issuewire.com](https://www.issuewire.com)) - Soul Meadow Holistic Services, a leading wellness center in Chandigarh, has announced the expansion of its integrative therapy offerings, combining evidence-based psychotherapy with energy-based healing therapies like Reiki and chakra healing.

As mental health challenges and stress-related disorders rise across age groups, Soul Meadow has stepped forward to meet this growing demand with personalized, holistic care. Located in the heart of Chandigarh, the center is now widely recognized for bridging the gap between modern psychological therapy and ancient healing practices.

"We're seeing a real need for deeper, more connected healing," said a representative of Soul Meadow. "People aren't just looking for clinical solutions. They want to feel seen, heard, and energetically balanced. That's where combining psychotherapy with chakra healing therapy really makes a difference."

Soul Meadow offers a unique approach, bringing together licensed [psychotherapists in Chandigarh](#) with

experienced Reiki and chakra healers. This integrative model allows clients to work on their emotional well-being while also addressing imbalances in their energy system. Whether someone is dealing with anxiety, unresolved trauma, relationship stress, or general emotional fatigue, the team curates treatment paths that treat the whole person-not just the symptoms.

The center's [Reiki healing in Chandigarh](#) has become especially sought-after for its calming and restorative effects. Practiced in a quiet, sacred space, Reiki sessions help clear blocked energy pathways, promoting relaxation and emotional clarity. In addition, Soul Meadow's certified [chakra healers in Chandigarh](#) guide clients through gentle but powerful sessions that aim to realign and activate the body's natural energy centers.

Unlike one-size-fits-all programs, every session at Soul Meadow is personalized. Clients receive dedicated attention, a safe therapeutic environment, and the option to combine psychotherapy with energy healing as part of their ongoing wellness journey.

Services at Soul Meadow are available in-person in Chandigarh and globally through secure online platforms. Clients from the USA, UK, Australia, and Canada can also schedule remote sessions with psychotherapists and energy healers from the comfort of their homes.

About Soul Meadow Holistic

Soul Meadow Holistic is a wellness and healing space based in Chandigarh, India, offering a wide spectrum of services including psychotherapy, Reiki healing, chakra healing therapy, spiritual guidance, and energy alignment. The center's mission is to support individuals in reconnecting with themselves, healing emotional wounds, and stepping into empowered living.

For media inquiries, interviews, or appointments, please contact:

Soul Meadow Holistic is not just a wellness center-it's a healing sanctuary based in Chandigarh, dedicated to helping people reconnect with themselves on a deeper level. We specialize in integrating evidence-based psychotherapy with time-honored energy healing therapies such as Reiki, chakra healing, and acupressure, creating a space where mental, emotional, and spiritual well-being come together.

Founded with the vision of offering heart-centered care that addresses the root of emotional distress-not just the symptoms-Soul Meadow brings together licensed psychotherapists, certified Reiki masters, spiritual healers, and experienced energy workers under one roof. Each practitioner works with compassion, confidentiality, and a strong ethical foundation to help clients transform pain into purpose.

Whether you're navigating anxiety, trauma, burnout, or relationship issues, or simply seeking spiritual clarity, we offer individualized healing pathways grounded in both science and soul.

We also understand that healing has no borders. That's why we offer online sessions worldwide, serving clients not only in Chandigarh but also across the USA, UK, Australia, Canada, and beyond.

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