

Sonya Grigsby, DNP, APRN: A Trailblazer in Advanced Nursing Practice, Leadership, and Education Excellence

Blending Clinical Expertise with Strategic Leadership to Drive Healthcare Excellence



New York City, New York Jun 10, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Sonya Grigsby, DNP, APRN, AGACNP-

BC, FNP-BC, EMBA-HCM, CCRN, EBP-CH, is an exemplary figure in the nursing profession, embodying the spirit of dedication and commitment to healthcare. With an impressive array of qualifications and experiences, Dr. Grigsby serves as both an Acute Care Nurse Practitioner at St. Joseph Health Regional Hospital and a Clinical Assistant Professor at Texas A&M College of Nursing, where she also acts as the AGACNP Program Director/Development.

At St. Joseph Health Regional Hospital, Dr. Grigsby specializes in pulmonary and critical care medicine, where she utilizes her extensive knowledge to provide comprehensive care to patients. In addition to her hospital role, she collaborates with Exceed Healthcare in Dallas as a night shift nurse practitioner, offering critical medical care and consultations. Her responsibilities include patient assessments, prioritizing urgent care needs, and performing advanced procedures like central line insertions and intubations, all guided by evidence-based practices.

Dr. Grigsby's academic journey began at Illinois Eastern Community Colleges–Frontier Community College, where she earned her Associate of Science in Registered Nursing in 2008. She continued her education at the University of Texas at Tyler, obtaining her Bachelor of Science in Nursing in 2011. Driven by her passion for patient care, Dr. Grigsby pursued a Master of Science in Nursing from Walden University, culminating in her Doctor of Nursing Practice from the University of Texas at Tyler in 2020. Her educational achievements do not stop there; in 2022, she earned an Executive MBA in Healthcare Management and a Post-Graduate Certificate in Family Nurse Practitioner, expanding her clinical scope and reinforcing her commitment to delivering exceptional patient care.

Dr. Grigsby's dedication to advancing the nursing field is reflected in her active participation in various professional organizations. She is a member of the North Texas Nurse Practitioner Association, Texas Nurse Practitioners, the American Academy of Nurse Practitioners, the American Nurses Association, the Texas Nurses Association, the Sigma Theta Tau International Honor Society for Nursing, the Society of Critical Care Medicine, the American College of Healthcare Executives, the National Organization of Nurse Practitioner Faculties, and the American Association of Critical-Care Nurses. Her involvement highlights her commitment to clinical excellence and healthcare advocacy. Moreover, Dr. Grigsby plays a crucial role in shaping the future of advanced practice nursing through her contributions to state-level healthcare policy and education as a TNA Expert Advisor on the APRN/Policy Committee and a member of Texas DNP - both roles she has held since 2019.

Recognition of Dr. Grigsby's contributions to nursing has been substantial; she was named a Notable Nurse of the Year in 2021 by the Texas Nurses Association, District 19, and received the prestigious East Texas Nurse Practitioner of the Year Award in 2020. That same year, she was honored with the Christus Trinity Clinic Education Award for Excellence for her outstanding contributions to clinical education. In 2019, Dr. Grigsby was recognized as a Doctor of Nursing Practice (DNP) Fellow by the Texas Nurses Association, highlighting her leadership and impact on the nursing profession.

In 2025, Dr. Grigsby began serving as an Item Writer for the AGACNP Certification Exam with the American Nurses Credentialing Center (ANCC). This role further emphasizes her commitment to advancing nursing standards and certification nationwide, ensuring that future generations of nurses are equipped with the highest level of knowledge and expertise.

Sonya Grigsby is not just a nurse practitioner; she is a beacon of hope and a source of inspiration for aspiring nurses and healthcare professionals. Her unwavering dedication to patient care, education, and professional service has made a lasting impact on both her community and the nursing profession at large.

As the healthcare landscape continues to evolve, individuals like Sonya Grigsby are essential in shaping the future of nursing and ensuring that quality care remains at the forefront of healthcare delivery. Her journey serves as a powerful reminder of what can be achieved through hard work, dedication, and a commitment to lifelong learning.

Learn More about Sonya Grigsby:

Through her online profile, <https://todaysnurse.org/nurse/4151342> or through the Texas A&M College of Nursing, <https://nursing.tamu.edu/faculty-staff/faculty/sonya-grigsby.html>

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