

Santosh MedCast Sparks Nationwide Autism Awareness with Dr. Alka Agrawal & MBBS Scholar Dr. Abhishek Vikram Singh

Santosh MedCast Unveils a Powerful Conversation on Autism Awareness and Neurodevelopmental Disorders with Dean Dr. Alka Agrawal and MBBS Scholar Dr. Abhishek Vikram Singh



Noida, Uttar Pradesh Jun 20, 2025 ([Issuewire.com](https://www.issuewire.com)) - Santosh Deemed to be University's flagship podcast series, Santosh MedCast, has released a profoundly insightful episode focused on Autism Spectrum Disorder (ASD), Down Syndrome, and a broader range of neurodevelopmental challenges faced by children in today's world.

In this special feature, Dr. Alka Agrawal, the esteemed Dean of Santosh Medical College & Hospital, sits down with Dr. Abhishek Vikram Singh, a distinguished MBBS scholar from the university. Dr. Singh, known for his compelling journey from an aristocratic background to the frontlines of healthcare advocacy, steers the discussion with sensitivity and a sense of purpose.

The conversation reflects a crucial reality: while autism is not curable, children with neurodevelopmental differences can lead rich, fulfilling lives if diagnosed early and provided with timely, appropriate interventions.

"Behind every diagnosis is a story — a child's story that demands compassion, early support, and action," says Dr. Agrawal during the episode.

Episode Highlights:

- **Understanding Autism's Early Red Flags:**
The episode explores early signs such as speech delays, difficulty with eye contact, social withdrawal, repetitive behaviors, and sensory sensitivities — emphasizing the need for vigilance among parents and educators.
- **The Power of Early Diagnosis:**
“The earlier you diagnose, the better the prognosis,” Dr. Agrawal stresses. She explains how timely recognition can drastically improve developmental outcomes through early therapy and intervention strategies.
- **Dispelling Myths About Medication:**
A key message reinforced throughout the conversation is that therapy, not medication, is the cornerstone of autism management. Behavioral therapies, parental training, and structured support systems are far more effective in long-term outcomes.
- **Raising Awareness Across Stakeholders:**
From parents to teachers to pediatricians, the episode urges society to build awareness, reduce stigma, and treat neurodiversity not as a limitation but as a difference that deserves support and celebration.

About the Host: Dr. Abhishek Vikram Singh

A rising voice in medical advocacy, Dr. Abhishek Vikram Singh represents a unique blend of privilege and purpose. Currently pursuing his MBBS from Santosh Medical College, Dr. Singh uses platforms like Santosh MedCast to bridge academic insights with public understanding. His commitment to neurodiversity, health equity, and child rights shines throughout the episode.

“Coming from a world of comfort, I chose to use my access and education to speak for those who are often unheard — especially children who learn and grow differently,” says Dr. Singh.

Empowering a More Inclusive Future

This episode goes beyond awareness — it is a call to action for a more inclusive and empathetic India. It aligns with global movements like Autism Acceptance, #Neurodiversity, and #StopTheStigma, urging listeners to look beyond the diagnosis and see the child.

???? Watch the full episode here: https://youtu.be/DAmLOp_4AJ4

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#SantoshMedCast #AutismAwareness #Neurodiversity #AutismAcceptance #ChildDevelopment
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