

Rama Rehab Launches Advanced Heroin Addiction Treatment Programs in South Delhi

Rama Rehab combines the Minnesota Model with yoga, meditation, and counseling to deliver holistic care for addiction and mental health in South Delhi.



Recovery begins the moment you say, 'No more drugs'



Your Path to Freedom Starts Here – Trusted De-Addiction Centre in Delhi

+91-9319458444 **www.ramarehab.com**

Delhi, India Jun 17, 2025 ([IssueWire.com](https://www.issuewire.com)) - Rama Rehabilitation & De-Addiction Centre Leads Holistic Recovery Efforts Across Delhi NCR and Beyond

As addiction and mental health challenges continue to impact countless lives across India, [rehabilitation](#)

[Centre in Delhi](#) & **De-Addiction Centre** is providing a lifeline with its comprehensive, individualized treatment programs. Based in South Delhi's Defence Colony, Rama Rehab has earned its reputation as a leading provider of substance abuse care, delivering hope and healing in a structured, safe, and supportive environment.

Expanding its reach beyond Delhi, Rama Rehab is now also recognized as a trusted **alcohol rehabilitation centre in Dehradun**, offering services to individuals seeking recovery in the peaceful foothills of Uttarakhand. Likewise, it continues to strengthen its presence as a premier [de-addiction centre in Noida](#), providing personalized care for patients across the NCR region.

The centre's residential rehabilitation programs are rooted in the renowned **Minnesota Model**, integrating evidence-based clinical practices with holistic therapies such as **yoga, meditation, counseling, and 12-step recovery sessions**. This mind-body-spirit approach ensures that individuals not only achieve sobriety but also build a foundation for lifelong recovery.

"At Rama Rehab, we see each client as more than their addiction," said a senior therapist at the centre. "We tailor every treatment plan to the individual, because sustainable healing requires more than a standard formula."

In addition to substance use disorders, Rama Rehab specializes in **dual diagnosis treatment**, supporting those who face both addiction and co-occurring mental health conditions like depression, anxiety, trauma, or PTSD. A dedicated team of psychiatrists, psychologists, counselors, and wellness professionals works together to deliver compassionate and customized care.

Clients benefit from 24/7 supervision, group and individual therapy, wellness routines, relapse prevention programs, and family involvement—all delivered in a confidential, nurturing setting.

With a growing network of clients from **Delhi, Noida, Gurgaon, Ghaziabad, and Dehradun**, Rama Rehabilitation & De-Addiction Centre continues to raise the bar for ethical, holistic addiction care in India.

To learn more about Rama Rehab or to schedule a confidential consultation, visit www.ramarehab.com or call +91-9319458444.

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