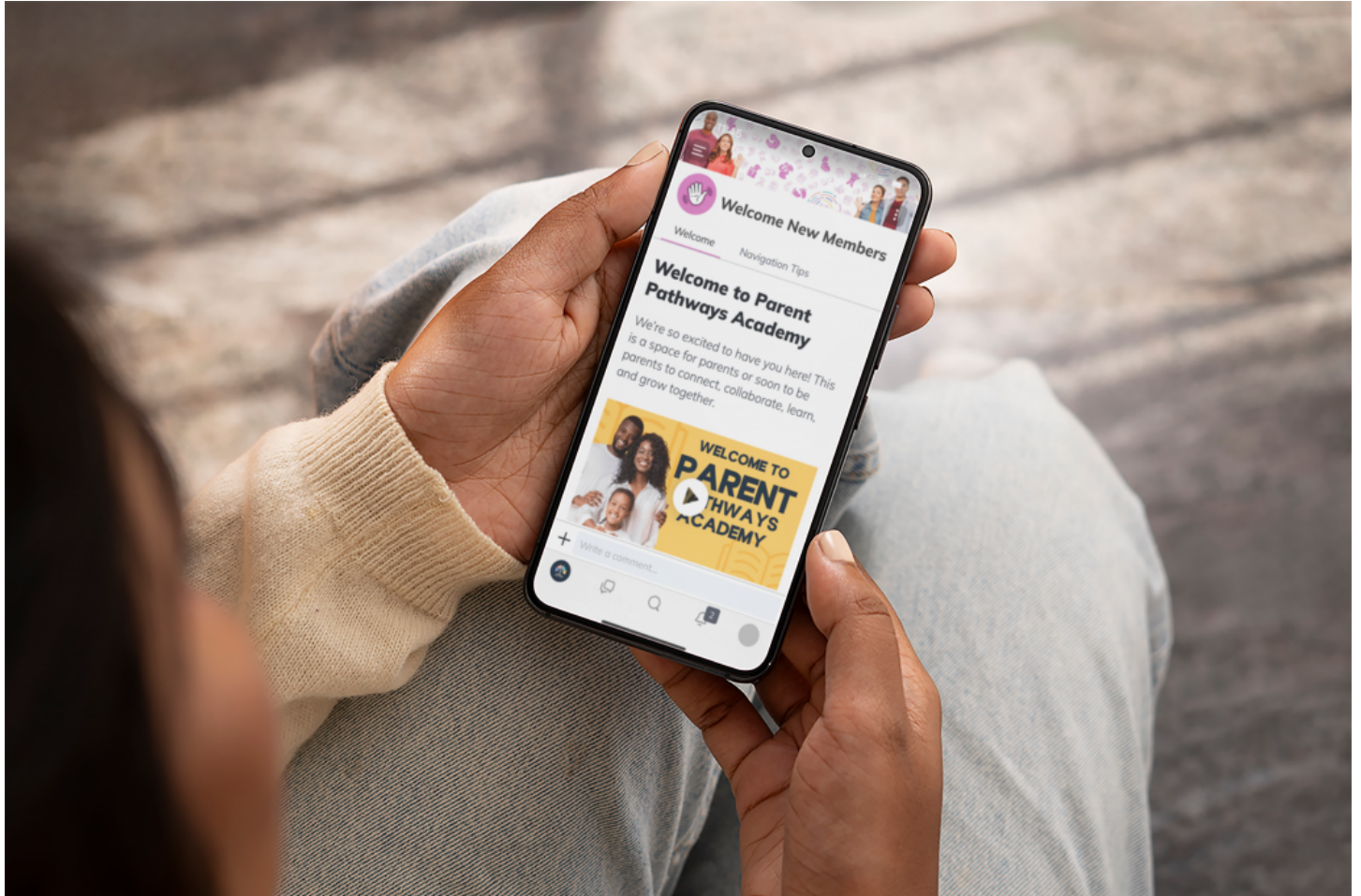


Parenting Just Got Easier—New App Offers Free, Expert-Backed Support for Families

A New Free App Empowers Parents With Expert Lessons, Emotional Support, and a Connected Community—All in Just Minutes a Day



Goodyear, Arizona Jun 2, 2025 ([IssueWire.com](https://www.issuewire.com)) - Parenting doesn't come with a manual—but now it comes with an app. The new Parent Pathways Academy (PPA) app offers expert guidance, emotional health support, and a friendly parent community—all completely free.

Available now on the App Store and Google Play, this **free parenting app for families** is designed to help moms and dads feel confident navigating early development, school years, and digital life with kids.

"Think of it as a free parenting coach in your pocket," said **Jennifer Stephens, Ed.S., Dean of Education at Parent Pathways Academy**. *"From newborn sleep to teenage screen time, we're giving parents the support they deserve."*

App Features:

- **Self-Paced Learning:** Courses by child age and need, including academic tips, **digital safety for kids**, and emotional health

- **Parenting Community:** Message boards and shared milestones keep families connected
- **Mobile-Friendly Lessons:** Each module takes just 5–8 minutes
- **Progress Badges:** Celebrate every learning win

PPA is focused on making learning easy and empowering - not overwhelming. That's why everything is simple to use, research-backed, and family-tested.

*"Parenting shouldn't feel like guesswork," said **Julie King, M.S., Dean of Family Services**. "This app lets parents take a breath, learn something new, and connect with others walking the same path."*

About Parent Pathways Academy

Parent Pathways Academy is a nonprofit organization focused on family growth. With free content across four parenting areas—Academics, Health & Wellbeing, Digital Wellness, and Practical Parenting—PPA equips parents with trusted tools for every stage of their child's development.

Download the app today from the [App Store](#) or [Google Play](#), or visit www.parentpathwaysacademy.org to get started.



Media Contact

Parent Pathways Academy

*****@parentpathwaysacademy.org

480-498-6068

13185 W Thomas Road

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