## New Memoir Finding Katie Chronicles a Personal Journey from Pain to Healing By Alix Wiebe

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In her memoir *Finding Katie—Tribute to those lost and chained in plain sight*, <u>author Alix Wiebe</u> offers an unflinching look at the struggle to reclaim one's life after profound emotional, spiritual, and relational trauma. Drawing from her own life, the book presents the story of Katie, a woman whose seemingly stable life gives way to turmoil—from a failing marriage and personal losses to a crisis of faith and the burden of single motherhood.

Set against this backdrop of brokenness, *Finding Katie* offers more than a story of struggle; it shares the gradual, often painful, return to faith, personal identity, and hope. While the narrative is deeply personal, its message is universal—highlighting the hidden pain many carry and the strength required to overcome it.

The book is intended for readers navigating emotional challenges, especially women who feel unseen or overwhelmed by life's pressures. With empathy and honesty, Wiebe communicates that healing is possible, and that life, even in its darkest moments, remains a gift worth reclaiming.

Publication details will be shared upon release. For media inquiries or interview requests, contact: **Alix Wiebe** 

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