New Change Life Foundation Expands Its Reach with Advanced De-Addiction Centres Across North India

With rehabilitation centres in Jammu Kashmir, Kurukshetra, and Shimla, New Change Life Foundation delivers personalized, compassionate care to help individuals overcome addiction and rebuild their lives with dignity and long-term support.



Ambala, Haryana Jun 12, 2025 (<u>Issuewire.com</u>) - New Change Life Foundation, a rising name in India's rehabilitation sector, is making significant strides in the fight against substance addiction through its dedicated centers located in Jammu Kashmir, Kurukshetra, and Shimla. These centres aim to

provide structured, affordable, and compassionate care for individuals battling drug, alcohol, and behavioral addictions.

The foundation's <u>Rehabilitation Centre in Jammu Kashmir</u> offers a peaceful and secure environment for those beginning their recovery journey. Surrounded by the natural beauty of the region, it combines medical detox, psychological counseling, and lifestyle therapies to treat both the physical and emotional aspects of addiction.

organization operates a specialized <u>Nasha Mukti Kendra in Kurukshetra</u> that focuses on a personalized, community-driven recovery process. Here, patients benefit from therapies like cognitive behavioral therapy (CBT), family counseling, group support, and wellness routines such as yoga and meditation. The centre's proximity to both urban and rural areas makes it accessible to a wide population across Haryana and surrounding regions.

Expanding its reach further north, New Change Life Foundation has also established a <u>Nasha Mukti</u> <u>Kendra in Shimla</u>, Himachal Pradesh. Located amidst the calm and scenic hills, this facility emphasizes emotional healing alongside physical recovery. Patients receive round-the-clock care, holistic therapies, and aftercare planning to help them maintain sobriety long after they leave the facility.

Each centre is staffed with experienced medical professionals, trained counselors, and support staff who are committed to offering individualized care in a stigma-free, confidential environment. The foundation's goal is not only to help patients detox, but to empower them with the tools and mindset needed to lead fulfilling, addiction-free lives.

New Change Life Foundation continues to grow as a trusted name in India's de-addiction space by blending professional expertise with a human touch. Through its expanding network, the foundation remains committed to making recovery possible for every individual, no matter their background or circumstance.

Media Contact

Nasha Mukti Centre in Chandigarh

******@gmail.com

09853740004

Village Khatoli, Naraingarh Road, near Balraja Gaushala, Ballah, Ambala, Haryana

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