

Mirleivis D. Sanchez Ruiz, NP, Enhances Family Medicine Services in Elizabeth, NJ

Dedicated Nurse Practitioner Now Accepting New Patients.



New York City, New York Jun 9, 2025 ([IssueWire.com](https://www.issuewire.com)) - Ms. Mirleivis Sanchez Ruiz is a dedicated Nurse Practitioner at the Center for Asthma & Allergy of New Jersey, a specialized medical practice focused on diagnosing, treating, and managing asthma and chronic allergies. With a deep understanding of the complexities surrounding respiratory issues and allergic reactions, she plays a crucial role in helping patients navigate their challenges, whether they involve breathing difficulties or sensitivities to environmental factors.

Mirleivis holds a Master of Science in Nursing (MSN) from South University in Savannah, Georgia, and a Bachelor of Science in Nursing from the University of the Sacred Heart in Puerto Rico. Her academic journey began with a Doctorate in Medicine from the University of Santiago, Cuba, followed by a Doctorate in Medical Genetics from the University of La Habana.

Currently serving as a Family Nurse Practitioner at the Center for Asthma and Allergy in Highland Park, NJ, Mirleivis provides patient-centered care across all age groups. She is recognized for her expertise in allergy diagnostics and treatment, including immunotherapy and chronic disease management. In addition to her work at the allergy center, Ms. Ruiz serves as a School Nurse at an Elementary School in Union City, New Jersey.

Ms. Ruiz is an active member of the American Association of Nurse Practitioners (AANP) and the Commission for Foreign Medical Graduates (CFMG), further enhancing her professional development and staying current with best healthcare practices. She is driven by an unwavering desire to help others, a quality that has been instrumental in shaping her career. Her compassionate approach and dedication to providing high-quality care have earned her the trust of her patients and colleagues alike.

Through her work, Ms. Ruiz exemplifies the ideals of nursing, demonstrating a blend of clinical expertise and heartfelt care. Her contributions to both her patients at the Center for Asthma & Allergy and the students at Hudson Elementary School reflect her lifelong commitment to making a positive impact in the lives of those she serves.

Learn More about Mirleivis D. Sanchez Ruiz:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/85023785-Mirleivis-Sanchez-Ruiz-Nurse-Practitioner>

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