

Lindsey Hayes, PMHNP-BC, Expands Mental Health Services in Meridian, MS

Seasoned Psychiatric Nurse Practitioner Welcomes New Patients, Now Offering Telehealth Through Psychology Associates

New York City, New York Jun 24, 2025 ([Issuewire.com](https://www.issuewire.com)) - Psychology Associates, LLC is proud to announce the expanded services of Lindsey Hayes, PMHNP-BC, a board-certified Psychiatric Mental Health Nurse Practitioner, now accepting new patients and offering both in-office and telehealth appointments. Located at 5004 Highway 39 N in Meridian, Mrs. Hayes brings a compassionate, evidence-based approach to the treatment of depression, bipolar disorder, anxiety, seasonal affective disorder, and other psychiatric concerns.

A graduate of the Class of 2017, Lindsey Hayes earned her credentials as a PMHNP-BC, bringing years of experience in mental health care. Her clinical focus includes mood disorders—such as depression and bipolar—as well as anxiety and seasonal affective disorder, where she has developed strong expertise. She is also skilled in diagnosing and managing a wide range of psychiatric conditions.

Operating out of Psychology Associates, LLC, Hayes offers accessible care both in person and via telehealth. Her Meridian office is open Monday through Friday, contributing to the clinic's mission of responsive and patient-centered psychiatric support. Patients can schedule appointments by calling (601) 693-8307; insurance is accepted, though verification is encouraged at scheduling.

In addition to routine psychiatric management, Hayes offers specialized treatment for seasonal affective disorder (SAD), a condition for which her proficiency is highly regarded. Whether adjusting medications, implementing psychotherapeutic strategies, or coordinating collaborative care, her practice is centered on delivering holistic mental health care tailored to each patient's needs.

"I'm honored to help individuals in Meridian and beyond find stability and comfort," says Hayes. "My goal is to provide compassionate, evidence-based treatment in a supportive setting, whether in-office or via telehealth." Her compassionate stance ensures that each patient receives personalized attention and access to the full range of psychiatric services.

Learn More about Lindsey Hayes:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/81381201-Lindsey-Hayes-Nurse-Practitioner>

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Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Lindsey Hayes

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