

Legacy For Women Welcomes Cristina Yroz, NP, to Expand Personalized Women's Healthcare in Henderson

Legacy For Women welcomes Cristina Yroz, NP, to its Henderson team, expanding access to compassionate, expert women's healthcare across all life stages. Cristina brings 20+ years of clinical experience in OB/GYN and patient education.

Welcome
**TO THE
TEAM**

Cristina Yroz
NP



HERA
WOMEN'S HEALTH



Henderson, Nevada Jun 17, 2025 ([Issuewire.com](https://www.issuewire.com)) - [Legacy For Women](https://www.legacyforwomen.com), a Hera Women's Health Center of Excellence, is excited to announce the addition of Cristina Yroz, NP, to its growing team of women's healthcare professionals in Henderson, NV. As a nurse practitioner specializing in women's

health, Cristina enhances Legacy For Women's ability to deliver high-quality, personalized care to women across all life stages. With a long-standing presence in the Las Vegas and Henderson communities, Legacy For Women continues to build on its reputation for excellence through skilled providers and innovative services.

Cristina joins a practice known for combining clinical expertise with a compassionate approach. Her arrival underscores Legacy For Women's mission to empower women with the knowledge and care they need to make informed decisions about their health.

Access to consistent, high-quality women's healthcare is essential for early intervention, prevention, and long-term wellness. With growing demand for providers who understand and prioritize comprehensive women's care—from adolescence through menopause—Legacy For Women, [ObGyn in Henderson](#), recognized the need to expand its team with a provider who exemplifies clinical skill and compassion.

Cristina Yroz, NP, brings deep experience in labor and delivery, postpartum care, and lifelong women's health, making her an ideal fit to address the diverse needs of patients in Henderson and beyond. Her expertise strengthens the practice's ability to meet rising patient demand while maintaining its standard of personalized attention.

"We are thrilled to welcome Cristina Yroz, NP, to our team," said Dr. Timothy Sauter, "Cristina's background in both bedside care and advanced clinical training allows her to connect with patients on a deeply personal level. Her commitment to empowering women through each phase of life aligns perfectly with our vision of delivering thoughtful, inclusive, and expert care to every patient who walks through our doors."

Cristina Yroz, NP, complements Legacy For Women's multidisciplinary team with her extensive background in women's health. After earning her bachelor's in chemistry and nursing, she completed her Master of Science in Nursing at Spring Arbor University in 2023. Her nearly two decades in clinical care—most notably in labor and delivery and postpartum services—bring added depth to the practice.

Cristina will provide well-woman exams, contraceptive counseling, menopause management, and follow-up care for postpartum patients. She also contributes to the practice's mission of education, helping patients understand their conditions and make proactive health choices.

Her approachable nature, clinical insight, and patient-first philosophy enhance Legacy For Women's offerings, particularly in continuity of care and relationship-building with patients over time.

Cristina's addition comes at a pivotal time as Legacy For Women prepares to transition into a new, larger facility in Henderson in 2025. This expansion mirrors the growing needs of the local community and highlights the importance of having qualified, experienced providers like Cristina on staff.

Cristina's presence is expected to improve appointment availability, reduce wait times, and broaden access to specialized services—particularly for underserved populations and patients requiring individualized attention. Her compassionate approach and commitment to excellence reflect the values of Legacy For Women and set a positive tone for the future of women's healthcare in the region.

Patients interested in scheduling an appointment with Cristina Yroz, NP, can call Legacy For Women at (725) 777-0414 or visit our website at www.legacyforwomen.com. We invite the Henderson community to experience firsthand the compassionate, expert care Cristina brings to our practice. Whether you're seeking routine gynecological services, pregnancy care, or guidance through menopause, Cristina is

here to support your journey to better health.

About Legacy For Women

Legacy For Women, located in Henderson, NV, is the result of a merger between Legacy Women's Health and For Women OB/GYN. As a Hera Women's Health Center of Excellence, the practice offers a comprehensive range of services, including gynecology, obstetrics, minimally invasive surgery, and midwifery care. With decades of combined experience and a team of compassionate, expert providers, Legacy For Women is dedicated to advancing women's health through personalized, high-quality care and a patient-centered approach.

About Hera Women's Health

[Hera Women's Health](#) is a national collaborative of leading women's health practices dedicated to providing advanced, personalized care for women at every stage of life. The company sets the standard for data-driven, outcome-oriented care and supports the growth and performance of women's health practices across the country. Hera is focused on driving value by facilitating collaboration between Obstetrics and Maternal Fetal Medicine ("MFM") providers and administrators through proprietary evidence-based protocols, technology, and biomedicine. The company is committed to developing and enhancing evidence-based clinical protocols, collaborating with partners across the healthcare ecosystem, expanding access to care into maternal deserts, and improving healthcare outcomes.

For further information on Hera Women's Health, visit <https://hera-health.com>

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