

Kynan A. Ricks, MD: A Beacon of Healing and Transformation at Lattice Infusion Therapy, PC

Providing Compassionate Ketamine Treatment in the Heart of San Diego, California



New York City, New York Jun 19, 2025 ([Issuewire.com](https://www.issuewire.com)) - Lattice Infusion Therapy, PC is proud to provide cutting-edge Ketamine infusion therapy for individuals struggling with treatment-resistant depression and other mood disorders. Founded and directed by an anesthesiologist, Kynan A. Ricks, MD, the clinic is uniquely positioned to offer a safe and effective solution to mental health challenges, drawing on over 60 years of clinical use of Ketamine in anesthesiology.

Ketamine has gained recognition in recent years for its rapid and lasting therapeutic effects on mood disorders, leading to an increase in providers offering this treatment. However, while Ketamine boasts a reassuring safety profile, it is not without potential side effects and serious risks. Anesthesiologists, trained extensively in the monitoring and management of patients under sedation, are the most qualified professionals to administer such treatments. At Lattice Infusion Therapy, Dr. Ricks ensures that each infusion is conducted with the highest level of care, prioritizing patient safety and individualized treatment plans.

Located on the Garden Level of the Center for Health and Wellbeing in the Banker's Hill district of San Diego, Lattice Infusion Therapy integrates advanced psychedelic medicine with holistic health practices. The Center itself is dedicated to bridging conventional medicine with alternative therapies, creating a comprehensive environment for patient care. "Our mission at Lattice Infusion Therapy is to provide patients with the highest standard of care while exploring innovative treatment options for mental health," said Dr. Ricks.

Bringing a wealth of knowledge and expertise to his practice, Dr. Ricks completed his Bachelor of Science in Biochemistry and Cell Biology at UC San Diego, followed by his Medical Degree from the University of California, San Francisco School of Medicine in 2008. After completing an internship in general surgery and a residency in anesthesiology at UC San Diego Medical Center, Dr. Ricks became a board-certified anesthesiologist through the American Board of Anesthesiology (ABA). His affiliations with Anesthesia Service Medical Group (ASMG) and hospitals like Sharp Grossmont Hospital, Sharp San Diego Surgery Center, and John Muir Hospital demonstrate his commitment to providing exceptional patient care across various medical settings.

"Having witnessed the profound impact that Ketamine infusion therapy can have on patients with mental health and chronic pain syndromes, I felt compelled to establish Lattice Infusion Therapy," Dr. Ricks noted. "My goal is to offer a supportive and safe environment where patients can explore these transformative therapies under expert supervision."

At Lattice Infusion Therapy, patient safety is paramount. Each infusion session is meticulously planned and executed, with Dr. Ricks collaborating closely with each patient's primary mental health provider to tailor treatment protocols that meet individual needs. The clinic emphasizes the importance of careful IV insertion, infusion safety, and a comprehensive recovery plan before patients are discharged. This commitment to safety ensures that patients receive not only effective treatment but also peace of mind throughout their healing journey.

Dr. Ricks remains dedicated to staying at the forefront of research in psychedelic medicine, aiming to incorporate the latest advancements into his practice. His passion for helping patients find relief through Ketamine therapy drives the ethos of Lattice Infusion Therapy, where innovation meets compassionate care.

Learn More about Dr. Kynan A. Ricks:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82730302-Kynan-Ricks-Anesthesiologist>, or through Lattice Infusion Therapy, PC, <https://latticeinfusiontherapy.com/about/>

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