

Joseph Mullen, DO, Brings Whole-Person Psychiatric Care to Oak Brook, IL

Board-Certified Psychiatrist Offers Integrative Mental Health Services at Comprehensive Clinical Services



New York City, New York Jun 25, 2025 ([IssueWire.com](https://www.issuewire.com)) - Dr. Joseph Mullen, DO, a board-certified psychiatrist with over 25 years of clinical experience, is now offering comprehensive mental health services at Comprehensive Clinical Services, P.C. in Oak Brook, Illinois. With a focus on whole-person care, Dr. Mullen integrates lifestyle interventions, psychotherapy, and medication management to support patients facing a range of mental health challenges.

Dr. Mullen earned his Doctor of Osteopathic Medicine degree from Michigan State University in 1999 and completed his psychiatry residency at the University of Maryland/Sheppard Pratt. He is board-certified in General Psychiatry and holds active medical licenses in Illinois. His clinical interests include mood disorders, anxiety disorders, and the use of integrative approaches that combine traditional psychiatric treatments with complementary therapies such as meditation, nutrition, and exercise. _

At Comprehensive Clinical Services, Dr. Mullen emphasizes the importance of lifestyle changes in treating mental health conditions. He believes that developing a balance between work, family, friends, hobbies, and other leisure activities is vital. Dr. Mullen works with patients to address both long-term lifestyle adjustments and short-term interventions during times of crisis.

Dr. Mullen will soon begin practicing in Lombard, Illinois, located in the western suburbs of Chicago, near Oak Brook. With a growing reputation for integrative and forward-thinking psychiatric care, Dr. Mullen brings a special interest in sports psychiatry and mindfulness meditation to his practice.

He has experience working with transcranial magnetic stimulation (TMS) and is actively expanding his expertise to include ketamine-assisted therapy and psychedelic-assisted therapy, particularly with psilocybin, as emerging treatments for mental health conditions. Dr. Mullen remains committed to exploring innovative, evidence-based modalities to support the well-being of his patients.

Dr. Mullen is currently accepting new patients at the Oak Brook location, situated at 1010 Jorie Blvd. He also offers telehealth appointments to accommodate patients' needs. His practice accepts various insurance plans, including Medicare.

Learn More about Dr. Joseph Mullen:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1301855-Joseph-Mullen-Psychiatrist> or through Comprehensive Clinical Services, P.C., www.discoverccs.org

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Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Joseph Mullen

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