Ekas Healthy Foods Launches Virtual Tour to Promote Health Benefits of Groundnut Oil

Located in Daman, Ekas Healthy Foods is committed to offering natural, wood-pressed oils rooted in Indian tradition. With a focus on quality, purity, and customer education, the brand continues to innovate in the health food space.



educate customers about the oil's purity, nutritional value, and traditional extraction process - all from the comfort of their homes.

Ekas Healthy Foods is known for producing 100% pure, chemical-free groundnut oil using traditional wooden cold-press techniques. This oil retains essential nutrients and is ideal for cooking, skincare, and overall wellness. With rising consumer awareness about clean eating and natural products, this virtual walkthrough helps bridge the gap between transparency and trust.

"We believe people should know what goes into their food. With this tour, we're giving them a closer look at our process, from sourcing groundnuts to the final bottling," said a spokesperson from **Ekas Healthy Foods**.

Visitors to the website can now take an immersive digital tour of the production unit located in **Diamond Industrial Estate**, **Daman**. The experience is designed to show how the oil is extracted, tested, and packaged, ensuring it remains rich in flavor and nutrients like Vitamin E and healthy fats.

The launch is a part of Ekas Healthy Foods' broader initiative to promote the **health benefits of groundnut oil**, such as supporting heart health, improving digestion, and boosting immunity—without the use of heat, chemicals, or artificial preservatives.

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