

Dr. Rhonda J. Factor, PhD: Expanding NYC Psychotherapy Practice Focused on LGBTQ+ & Gender-Diverse Communities

Greenwich Village-based clinician brings over 15 years of experience in psychodynamic therapy and academic leadership to support diverse adult populations



New York City, New York Jun 4, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Rhonda J. Factor, PhD, a licensed clinical psychologist with over 15 years of experience, is expanding her psychotherapy services in New York City to further support adults navigating anxiety, depression, identity development, and life transitions. Operating from her office at 85 Fifth Avenue, Suite 912 in Greenwich Village, Dr. Factor offers a safe, affirming space with a particular emphasis on LGBTQ+ individuals and those with non-binary or gender-diverse identities.

Dr. Factor's clinical approach is grounded in psychodynamic psychotherapy, focusing on helping clients understand the underlying emotional patterns that shape their relationships and sense of self. Her practice is known for its inclusive and trauma-informed care, particularly for queer and gender-

expansive adults, as well as college and graduate students facing academic, relational, or existential challenges.

In addition to her private practice, Dr. Factor serves as an adjunct faculty member in the Department of Applied Psychology at NYU Steinhardt School of Culture, Education, and Human Development, where she teaches courses on gender and sexuality. She has also held supervisory and teaching roles at institutions such as The New School and Yeshiva University, mentoring future clinicians in psychodynamic methods and LGBTQ+ affirmative therapy.

Dr. Factor's academic background includes a PhD in Clinical Psychology from the University of Vermont, where her dissertation explored gender diversity among transgender adults and their non-transgender siblings. She completed her residency at Stony Brook University Counseling Center and is a graduate of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis.

Learn More about Dr. Rhonda J. Factor:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/1632325-Rhonda-Factor-Psychologist>, or through
www.rhondafactorphd.com

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Rhonda J. Factor

[See on IssueWire](#)