

Chiarra J. Zeno, LVN, Elevates Mental Health and Substance Use Care at UT Health San Antonio

Compassionate Nursing Leader Transforming Patient Care in San Antonio, Texas



New York City, New York Jun 4, 2025 ([Issuewire.com](https://www.issuewire.com)) - Chiarra J. Zeno, LVN, a dedicated Senior Licensed Vocational Nurse at UT Health San Antonio, is making significant strides in the field of mental health and substance use disorder (SUD) care. With a commitment to fostering healing through empathy and professionalism, Chiarra exemplifies the human-centered approach that is vital for

effective psychiatric and behavioral healthcare.

A proud graduate of vocational training in Licensed Practical/Vocational Nursing, Chiarra has built her career on a solid foundation of integrity and clinical excellence. Her expertise in SUD and psychiatric nursing underscores her mission to support vulnerable populations, ensuring they receive the care and dignity they deserve. Chiarra's unwavering dedication to patient advocacy is the driving force behind her success, as she strives to create safe and trusting environments that empower her patients to embrace real change in their lives.

"Every day, I am inspired by my patients and their resilience," said Chiarra. "My goal is to meet them where they are and guide them on their journey to recovery with compassion and understanding." This philosophy not only enhances patient outcomes but also fosters a sense of community and support within the healthcare setting.

Chiarra has earned a reputation for her integrity, professionalism, and warmth, making her a pillar of excellence at UT Health San Antonio. As mental health and substance use disorders continue to be critical issues facing society, Chiarra's work stands as a beacon of hope. Her commitment to making a meaningful impact is evident in her daily interactions, where she not only provides care but also inspires others to prioritize mental health and well-being.

UT Health San Antonio is honored to have Chiarra J. Zeno, LVN, among its ranks. Her passion for nursing and tireless advocacy continue to shape a more compassionate, responsive, and forward-thinking future for mental health care.

Learn More about Chiarra J. Zeno:

Through her online profile, <https://todaysnurse.org/nurse/4151350>

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