

Carlo Mainardi, MD, Retires After Five Decades of Dedicated Service in Rheumatology

Celebrating a Legacy of Compassionate Care and Expertise



New York City, New York Jun 24, 2025 ([Issuewire.com](https://www.issuewire.com)) - After nearly five decades of unwavering commitment to the field of rheumatology, Carlo Mainardi, MD, announced his retirement from medical practice in 2023. His remarkable journey has been marked by a dedication to patient care, a wealth of expertise, and a compassionate approach that has touched the lives of countless individuals throughout his esteemed career.

Dr. Mainardi began his academic journey at Franklin and Marshall College, where he studied biology, before pursuing medical training in Italy. After three years, he transferred to Rutgers New Jersey Medical School, earning his Medical Degree in 1972. He further honed his skills through a residency and fellowship at the Dartmouth-Hitchcock Medical Center in Lebanon, New Hampshire, where he later served as an assistant professor on the faculty.

In 2012, Dr. Mainardi was appointed Chief Medical Officer at AdventHealth Hendersonville, North Carolina, where he made significant contributions by establishing the AdventHealth Rheumatology Department. This initiative brought essential specialized care to the local community, highlighting his commitment to improving health outcomes for patients.

In 2018, Dr. Mainardi made a pivotal decision to step away from administrative responsibilities to focus entirely on direct patient care. This transition underscored his unwavering dedication to the well-being of his patients and his desire to make a personal impact in their lives. His expertise and compassion have left an indelible mark on the healthcare landscape of North Carolina.

A leader in his field, Dr. Mainardi earned board certifications in both internal medicine and rheumatology from the American Board of Internal Medicine. His distinguished status as a Fellow of the American College of Physicians (FACP) and as a Fellow of the American College of Rheumatology (FACR) reflected his commitment to excellence and lifelong learning.

Beyond his clinical practice, Dr. Mainardi actively contributed to the advancement of rheumatology through research, education, and mentorship. His dedication garnered him widespread respect and admiration from both colleagues and patients, earning accolades such as Castle Connolly's Top Physicians, the Consumers Research Council's America's Top Physicians, and New Jersey Monthly's Top Physician.

Now dedicating more time to his passions, Dr. Mainardi is an avid golfer, reader, and traveler, embracing the opportunity to explore the world while maintaining a balanced and fulfilling life. His legacy of compassionate care and commitment to excellence will undoubtedly resonate within the community and the field of rheumatology for years to come.

Learn More about Dr. Carlo Mainardi:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/345278-Carlo-Mainardi-Rheumatologist>

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Source : Dr. Carlo Mainardi

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