

Carey LeDee Krause, FNP-BC, PMHNP-BC, Expands High-Quality Psychiatric Services in Florida

Dual-board-certified nurse practitioner advances care for anxiety, depression, bipolar disorder, ADHD, PTSD, and more



New York City, New York Jun 30, 2025 ([Issuewire.com](https://www.issuewire.com)) - Carey LeDee Krause, a dual-board-certified Family Nurse Practitioner and Psychiatric Mental Health Nurse Practitioner (FNP-BC, PMHNP-BC), has expanded her psychiatric practice in Florida, offering comprehensive mental health care both in person and via telemedicine. Based in Wesley Chapel, Carey provides personalized care for a wide range of psychiatric conditions, including depression, anxiety, bipolar disorder, ADHD, eating disorders, PTSD, insomnia, schizophrenia, and adjustment disorders.

With a patient-centered approach, Carey emphasizes that mental health conditions do not define

individuals but rather reflect experiences that can be guided toward recovery. Her integrative care model combines medication management with evidence-based therapeutic techniques such as cognitive behavioral therapy (CBT), interpersonal psychotherapy, motivational interviewing, and mindfulness-based strategies. She collaborates closely with clients to develop personalized treatment plans that promote long-term mental wellness.

Since opening her Lutz office in 2024, Carey has offered flexible care options to accommodate a variety of patient needs. In addition to in-person visits, she provides virtual care throughout the state of Florida. She is in-network with many major insurance providers and also offers self-pay options and referral incentives to help remove financial barriers to treatment.

Carey has earned a reputation for being compassionate, attentive, and highly effective in building trust with her patients. Her commitment to delivering efficient, meaningful care in every session has led to overwhelmingly positive feedback from those she serves. Patients frequently praise her ability to make them feel heard, understood, and empowered in their journey toward better mental health.

As she looks to the future, Carey plans to broaden her impact by continuing to serve teens, adults, veterans, postpartum mothers, older adults, and families. Her mission is to reduce stigma, expand access to care, and guide individuals across Florida toward greater emotional resilience and overall well-being.

Learn More about Carey LeDee Krause:

Through her online profile, <https://todaysnurse.org/nurse/4151684>

Media Contact

Today'sNurse

*****@todaysnurse.com

Source : Carey LeDee Krause

[See on IssueWire](#)