

Vanessa Balous, PMHNP-BC Launches Deltona Wellness & Psychiatry Clinic to Expand Mental Health Access in Central Florida

New Orange City-based clinic offers compassionate, evidence-based psychiatric care under the leadership of board-certified nurse practitioner Vanessa Balous



New York City, New York May 12, 2025 ([Issuewire.com](https://www.issuewire.com)) - Vanessa I. Balous, PMHNP-BC, a board-certified psychiatric mental health nurse practitioner, has officially opened Deltona Wellness & Psychiatry Clinic PLLC in Orange City, Florida. The clinic, incorporated in November 2024, is dedicated to providing accessible, patient-centered mental health services to the communities of Volusia County and beyond.

Located at 2401 E Graves Ave, Suite 19, the clinic offers a range of psychiatric services, including evaluations, medication management, and ongoing mental health support. With a focus on personalized care, Balous aims to address the growing demand for mental health services in the region.

Balous brings a wealth of experience to her practice. She is also the owner of Deltona Wellness Spa & More LLC, a wellness-focused business established in June 2024, which shares the same Orange City address. This dual role underscores her commitment to holistic health and well-being.

In addition to her clinical practice, Balous is recognized by the National Plan & Provider Enumeration System (NPPES) with the NPI number 1194572396, indicating her credentials as a psychiatric mental health nurse practitioner.

Learn More about Vanessa Balous, PMHNP-BC:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85023621-Vanessa-Balous-Nurse> or through Deltona Wellness & Psychiatry Clinic PLLC <https://www.deltonawellnesspsychiatry.com/>

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