

Susan Arenkill, NCLMT, RMT: Bridging Wellness and Healing in Brookfield, WI

Transformative Massage and Reiki Therapy Tailored to Nurture the Mind, Body, and Spirit

New York City, New York May 15, 2025 ([IssueWire.com](https://www.issuewire.com)) - Susan Arenkill, a distinguished Massage Therapist and Reiki Master with over 25 years of experience, is dedicated to enhancing the quality of life for her clients through holistic healing practices. A graduate of Waubensee College's Therapeutic Massage program in 2000, Susan has built a reputation as a leading expert in the field, offering personalized massage and energy healing sessions that address both physical and emotional well-being.

As a nationally certified massage therapist and state-licensed professional, Susan employs an intuitive approach to her practice. She believes that pain is not just a physical experience but is often rooted in emotional distress. "When you connect to the emotion on a conscious or unconscious level, physical pain or dis-ease shifts," Susan explains. "This brings harmony to the mind, body, and spirit, allowing healing to awaken within."

Susan's comprehensive training includes advanced techniques in OrthoPedic Massage, Reiki, CranioSacral Therapy, and QHHT, among others. She has been recognized multiple times as Milwaukee's Best in both Massage Therapy and Reiki from 2020 to 2024, affirming her commitment to excellence in her field. Her memberships in the American Massage Therapy Association, Massage Therapy MEDIA, International Association of Reiki Professionals, Mindvalley and the Holistic Health Group further exemplify her dedication to ongoing professional development.

At her Brookfield practice, Susan emphasizes the importance of customizing each session to meet the unique needs of her clients. "My goal is to relieve your stressed body painlessly. This will soothe your soul and bring you inner peace," she states. By integrating massage and Reiki, Susan offers a transformative experience that promotes relaxation and balance, helping clients break free from the stresses of daily life that your body holds physically.

Beyond her practice, Susan is passionate about teaching and sharing her knowledge through workshops on Massage, Reiki, Soul Therapy and Energy Management. She also actively participates in charitable endeavors, including hospice care, demonstrating her commitment to giving back to the community.

In her personal life, Susan enjoys exploring nature, gardening, collecting beach glass and sand, and spending quality time with her family, especially her four grandchildren. Her travels often take her to beautiful destinations like California, Sedona, and Tropical places where she draws inspiration for her work.

For those seeking a deeper connection to their wellness journey, Susan invites you to experience the magic of her intuitive hands. "Let my intuitive hands bring calmness and clarity into your life," she says. "Don't you want to feel the balance within you naturally?"

Learn More about Dr. Susan Arenkill:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/83856887-Susan-Arenkill-Massage-Therapist> or through her

website,

<https://www.messagebook.com/therapists/quantum-energy-medicine-reiki-master-message?src=external>

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