

Shehryar Ashraf, MD: Board-Certified Internist, Nephrologist, Hospitalist, Health Advocate & Wellness Enthusiast

Bridging Expertise in Kidney Care, in internal medicine, and Holistic Health



New York City, New York May 9, 2025 ([IssueWire.com](https://www.issuewire.com)) - Dr. Ashraf has served as an Assistant Professor of Medicine at the UConn School of Medicine since 2017, a role that highlights his unwavering dedication to academic medicine. In this capacity, he has played a vital role in shaping the educational experience of medical students, residents, and fellows, offering them not only clinical instruction but also mentorship grounded in compassion and clinical excellence.

His teaching philosophy emphasizes evidence-based practice, critical thinking, and patient-centered care, preparing the next generation of physicians to meet the evolving demands of modern healthcare. Through lectures, bedside teaching, and personalized mentorship, Dr. Ashraf has consistently inspired learners to strive for both intellectual rigor and ethical responsibility. His involvement in clinical research further demonstrates his commitment to advancing medical education and fostering a culture of lifelong learning within the institution.

In addition, Dr. Ashraf is affiliated with UConn John Dempsey Hospital, where he works to enhance the quality of care for hospitalized patients.

Dr. Ashraf also worked with Connecticut Nephrology Associates, LLC is proud to highlight the remarkable achievements and contributions of Partnering with Dr. Irfan S. Chughtai, Dr. Ashraf provides comprehensive care for patients with chronic kidney diseases, including end-stage kidney disease, dialysis, acute kidney injury, and hypertension, across their offices in Meriden and Wallington.

Dr. Ashraf is also the CEO of American Health Central, a medical and dental billing company that leverages AI to streamline billing processes and improve efficiency. Under his leadership, the team helps clinics receive timely payments from insurance companies and offers comprehensive accounts receivable management upon request.

Dr. Ashraf graduated with a Bachelor of Medicine and Bachelor of Surgery Degree from Aga Khan University Medical College in 2005 and has since completed extensive training, including an internship and residency in anesthesia at The Aga Khan University Hospital, followed by a residency in internal medicine and fellowship in nephrology at UConn. His dedication and proficiency earned him the esteemed Best Fellow Award in 2015. As a Diplomate of the American Board of Internal Medicine, Dr. Ashraf is board-certified in both internal medicine and nephrology.

On a more personal note, Dr. Ashraf speaks multiple languages, including English, Urdu, and Punjabi, allowing him to connect with a diverse patient population.

Learn More about Dr. Shehryar Ashraf:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/81761827-Shehryar-Ashraf-Internist>, or through Connecticut Nephrology Associates, LLC, <https://ctneph.com/about>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Shehryar Ashraf, MD

[See on IssueWire](#)