

Pleiadian Channeler Dante Starshine Releases New Book: Heart First – Reprogramming Your Mind To Let Love Lead

If you would like to realize your full natural potential and create a life filled with joy and connection, this book is for you!

Heart First

Reprogramming Your Mind
to Let Love Lead

Dante Starshine

New York City, New York May 6, 2025 ([IssueWire.com](https://www.issuewire.com)) - Dante Starshine has traveled throughout the world on his spiritual journey, studying with many shaman and becoming a master in Usui Reiki, Kundalini, and Integrated Energy Therapy, as well as being a channel and contact facilitator for the Pleiadian Council, a spirit collective based in the Seven Sisters star system. Dante's new book 'Heart First: Reprogramming Your Mind To Let Love Lead' builds upon those foundations and, through channeling from the Pleiadian Council, gives a clear step by step method for transforming into a flow state where Love naturally leads one to true happiness.

Dante's clear connection to the higher-dimension Pleiadians offers higher-level insights into how to break the negative thought loops that undermine the inherent joy that we all desire. The step-by-step format using easy to remember acronyms helps to make the information clear and accessible. This book is recommended for anyone who is searching for insight into how to attain a heart-centered state of happiness in a continuous flow state.

'Heart First: Reprogramming Your Mind To Let Love Lead' in its essence, is a manual on how to “follow your heart” and how to let your heart lead you to a place of contentment and satisfaction in a natural way. “Follow your heart” sounds simple, but in the bustle of modern life, one needs a practical method for enacting heart-centered thought. This book is designed to be a guide to restructure your entire way of being so that you may realize your full natural potential and create a life filled with joy and connection.

Through the process detailed in the book, readers will learn how to let their hearts open and expand through tapping into healing flow states and through learning and cultivating the 24 qualities of Unconditional Love and The Universal Laws of Human Experience. The process allows you to choose that flow, serendipity, and magic are your personal new normal, remembering that the miraculous power of the Universe is not strange...it's natural, supernatural even, in each and every moment!

For more information on the book, visit <https://dantestarshine.com/heart-first/>

To purchase the book, go to <https://www.amazon.com/dp/B0F67QLGKT>
For media inquiries and interview requests, email dantestarshine@gmail.com
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