

Myriah Soberano: A Compassionate Leader in Psychiatric Nursing and Advocate for Mental Health in the Correctional System

Dedicated Registered Nurse and DNP Candidate Committed to Excellence in Patient Care



New York City, New York May 9, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Myriah Navarro Soberano, a passionate and dedicated Registered Nurse with extensive experience in the correctional healthcare system, is making significant strides in addressing the unique healthcare needs of incarcerated individuals,

particularly those grappling with mental health challenges. With a Master's degree in Psychiatric and Mental Health Nursing and currently completing her Doctor of Nursing Practice (DNP) at the American University of Health Sciences, Soberano is poised to enhance patient care and advocate for mental health awareness within the correctional system.

Her commitment to excellence and leadership has been a defining hallmark of her educational journey. She graduated from Saint Louis University, Baguio City, with a Master of Science in Nursing, specializing in Psychiatric and Mental Health Nursing, in 2014. She is nearing the completion of her Doctor of Nursing Practice (DNP), specializing in leadership, management, and administrative innovation, where she consistently ranks at the top of her class. Throughout her academic and professional pursuits, she has remained dedicated to advancing transformative practices that enhance mental health services, particularly within correctional settings. Her unwavering dedication to lifelong learning and professional excellence has earned her distinguished recognition, including membership in prestigious organizations such as the Golden Key International Honour Society, the National Society of Leadership and Success, and Sigma Theta Tau International Honor Society of Nursing.

Throughout her career, Soberano has cultivated a deep and nuanced understanding of the complexities of delivering healthcare to incarcerated populations. Through her work with the Los Angeles County Department of Health Services (Correctional Health Services), she has witnessed firsthand the urgent and often overlooked need for compassionate, high-quality care within some of the most challenging environments. These experiences have solidified her unwavering belief that everyone deserves access to comprehensive, equitable healthcare regardless of circumstance.

"I attribute my success to unwavering resilience, an insatiable love for learning, and a profound empathy for the individuals I serve," said Soberano. "Nursing is not merely a profession—it is my calling. I am driven by a deep-seated commitment to help others and create meaningful change, especially for those society has pushed to the margins. I choose not to dwell on what led individuals to incarceration; instead, I focus on their humanity, offering compassion, understanding, and care. These seemingly small acts of kindness are powerful catalysts for healing, restoring dignity, reducing recidivism, and igniting hope for a better future."

As she approaches the culmination of her DNP journey, Soberano is poised to lead transformative advancements in correctional healthcare. Through passionate advocacy for mental health and the championing of innovative, patient-centered strategies, she envisions reshaping the landscape of mental health care for incarcerated individuals, promoting dignity, healing, and lasting change.

Learn More about Myriah Soberano:

Through her online profile, <https://todaysnurse.org/nurse/4150955>

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