

Mona Patel, MD: A Leader in Anesthesiology and Pain Management at Ascension Health

Blending Compassion and Clinical Excellence to Deliver Lasting Relief from Chronic Pain



New York City, New York May 22, 2025 ([Issuewire.com](https://www.issuewire.com)) - Mona Patel, MD, a dual board-certified anesthesiologist and interventional pain management specialist, is serving patients at Ascension Alexian Brothers in Elk Grove Village and Ascension Saint Alexius in Hoffman Estates. With a passion for alleviating chronic pain, Dr. Patel combines her extensive medical training with a compassionate approach to patient care.

Dr. Patel earned her Bachelor of Science in Molecular Genetics, Bioethics, and Philosophy from Loyola University Chicago in 2009, demonstrating her commitment to understanding the complexities of health and ethics. She continued her education at Loyola University Chicago Stritch School of Medicine, where she graduated with honors in 2013. Her rigorous training included a four-year Anesthesiology Residency at Loyola University Medical Center, where she gained comprehensive experience in trauma care, obstetrics, cardiothoracic cases, and chronic pain management.

Further honing her skills, Dr. Patel completed a Pain Management Fellowship at Loyola, specializing in complex chronic pain cases and neuromodulation techniques, including spinal cord stimulation. Her dedication to developing multi-modal, comprehensive treatment plans sets her apart in the field, allowing her to tailor solutions to each patient's unique needs.

As a Diplomate of the American Board of Anesthesiology, Dr. Patel is committed to upholding the highest standards of practice in anesthesiology and pain management. She emphasizes the importance of listening to her patients, understanding their health concerns, and collaborating to find the root causes of their pain. Dr. Patel's holistic approach not only focuses on symptom relief but also on improving her patients' overall quality of life.

"I believe in the power of communication and compassionate care," said Dr. Patel. "Every patient deserves to be heard, and I strive to provide individualized care that addresses both their physical and emotional needs."

Dr. Patel is excited to be part of the Ascension Health team, where she will continue to enhance patient care through her expertise in anesthesiology and pain management. Patients seeking relief from chronic pain can schedule an appointment with Dr. Patel at either Ascension Alexian Brothers or Ascension Saint Alexius.

Learn More about Dr. Mona Patel:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/135841-Mona-Patel-Pain-Management-Specialist> or through Ascension, <https://healthcare.ascension.org/find-care/provider/1154663441/mona-patel>

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Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Mona Patel

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