

Mary Fissell Cina: A Lifelong Commitment to Nursing and Patient Care

Celebrating 60 Years of Dedicated Service at Inova Health System



New York City, New York May 9, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Mary Fissell Cina, a distinguished Registered Nurse at Inova Health System, is marking an impressive milestone in her career, celebrating 60 years of exemplary service in nursing. With a profound passion for her field, Mary has consistently demonstrated an unwavering commitment to improving the lives of her patients, making her a cherished member of the healthcare community.

Mary's journey in nursing began with her education at Maryview School of Nursing, where she earned her diploma in Registered Nursing in 1964. She further enhanced her expertise by obtaining a Bachelor of Science in Nursing from St. Joseph College in Standish, Maine, in 1984. She started her career at New York Hospital working in Med-Surg. Then, Virginia Hospital Center in the ICU as well as Alexandria Hospital in the ICU. Throughout her extensive career, she has specialized in Occupational Health, utilizing her skills to ensure the well-being of her patients in various capacities. She worked at a variety of government facilities, including NASA, the Pentagon, the Federal Reserve, and Navy Federal.

"Throughout my career, I have always loved what I do," said Mary. "Nursing allows me to connect with people and make a genuine difference in their lives. The ability to choose diverse roles within the nursing field has kept my passion alive and has allowed me to grow both personally and professionally."

At Inova Health System, Mary's dedication to enhancing the quality of life for her co-workers and clients is reflected in her approach to nursing, whether providing COVID shots during the pandemic or flu shots every fall, is building strong relationships, which is grounded in the core values of communication, safety, and trust.

Mary Fissell Cina exemplifies what it means to be a compassionate and skilled nurse. Her 60 years of service are not just a career; it is a lifetime of commitment to caring for others. As she continues her journey in nursing, Mary remains dedicated to her patients and the profession that she holds dear.

Learn More about Mary Cina:

Through her online profile, <https://todaysnurse.org/nurse/4150821>

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