

## Explore the Clover Nature Mills Wide Range of Organic Cold Pressed Oils

Clover Nature Mills full range of organic, cold pressed oils—crafted traditionally, packed with nutrition, and delivered fresh across the UAE.



**Abu Zabi, United Arab Emirates Jun 20, 2025 ([Issuewire.com](https://www.issuewire.com))** - Clover Nature Mills, a trusted name in natural and chemical-free food products, offers a health-focused range of organic cold-pressed oils. Known for their purity, traditional processing, and quality, these oils reflect the brand's core values—clean eating, sustainability, and honest nutrition.

## Handcrafted Tradition Meets Modern Wellness

At the heart of Clover Nature Mills operations is a return to age-old extraction methods. Using traditional wooden ghani (also known as mara chekku) and stone pressing techniques, the oils are extracted slowly at low temperatures. This ensures that every drop retains its original flavor, aroma, color, and—most importantly—nutritional value.

Unlike refined oils that undergo high-heat and chemical treatments, cold pressed oils from Clover Nature Mills are unrefined, chemical-free, and filtered naturally. This makes them an ideal choice for customers seeking healthy and authentic food options without compromising on taste or wellness.

### A Cold Pressed Oil for Every Home

Clover Nature Mills offers a carefully selected range of oils to meet different cooking styles, health needs, and personal care routines:

#### [Cold Pressed Groundnut Oil](#)

A customer favorite for its rich taste and high smoking point. Groundnut oil is ideal for deep-frying and everyday cooking. It is packed with antioxidants and Vitamin E and contains heart-friendly fats.

#### **Cold Pressed Coconut Oil**

Versatile and aromatic, coconut oil is widely used for cooking, oil pulling, skincare, and hair nourishment. The oil is extracted from carefully chosen coconuts and filtered to preserve purity and freshness.

#### **Cold Pressed Sesame Oil**

Rich in nutrients and robust in flavor, sesame oil enhances South Indian dishes and is also used in traditional medicine and massage practices. It contains natural antioxidants and is beneficial for skin and heart health.

#### **Cold Pressed Mustard Oil**

Mustard oil has a distinctive aroma and strong antibacterial properties. A staple in North Indian kitchens, it is known to promote digestion and improve circulation.

#### **Cold Pressed Black Cumin Seed Oil**

Also called black seed oil, this oil is traditionally used to support immunity, digestion, and respiratory health. It is considered a valuable addition to natural wellness routines.

#### **Cold Pressed Castor Oil**

A popular choice for external applications. Castor oil is used to promote hair growth, relieve constipation, and soothe the skin. Clover Nature Mills' castor oil is pure and filtered using traditional methods.

#### **Cold Pressed Almond Oil**

Naturally light and nutrient-rich, almond oil is ideal for babies, adults, and skin care use. It provides deep nourishment, improves skin tone, and supports hair strength.

### **Cold Pressed Flaxseed Oil**

Flaxseed oil is an excellent plant-based source of Omega-3 fatty acids. Known for supporting heart health and reducing inflammation, it is used in salads, smoothies, and other low-heat recipes.

### **Extra Virgin Olive Oil**

Made from the first pressing of the finest olives, Clover Nature Mills' Extra Virgin Olive Oil is cold pressed to preserve antioxidants and monounsaturated fats. It is perfect for dressings, dips, and Mediterranean cooking.

### **Pure, Natural, and Chemical-Free**

Every bottle of oil from Clover Nature Mills reflects their commitment to quality and integrity. The entire process—from seed selection to oil pressing, filtration, and packaging—is done without the use of chemicals, preservatives, or artificial coloring.

These oils are free from:

- Hexane
- Bleaching agents
- Deodorizing chemicals
- Preservatives or additives

This results in oils that not only taste better but also support a healthier lifestyle.

### **Why Cold Pressed Oils?**

[Cold pressed oils](#) are considered superior to refined oils due to their nutritional profile. The low-temperature extraction method preserves:

- Essential fatty acids
- Natural antioxidants
- Vitamins (like A, D, and E)
- Plant sterols
- Flavor and aroma

These oils are also known to offer better digestion, improved heart health, and enhanced skin and hair

nourishment. Regular use in cooking and personal care can lead to overall wellness improvements.

## **Sustainably Sourced, Responsibly Made**

Clover Nature Mills is equally passionate about sustainability. All oils are packaged in food-safe containers designed to reduce exposure to heat and light. The company follows eco-conscious practices throughout the supply chain—from sourcing local and responsibly farmed seeds to minimizing food miles and using recyclable materials wherever possible.

## **Trusted by UAE Households**

With growing awareness around clean eating and traditional food preparation, more households in the UAE are turning to cold pressed oils. Clover Nature Mills has built a reputation for delivering:

- **Freshly made oils** in small batches
- **Doorstep delivery** across the UAE
- **Uncompromised purity**
- **Excellent customer service**

Whether you're preparing a traditional dish or trying a new health routine, their oils offer the purity and effectiveness that modern families seek.

## **More Than Just Oils**

While cold pressed oils are a core product category, Clover Nature Mills also offers a wide variety of healthy kitchen essentials, including:

- Homemade flours
- Organic pulses and legumes
- Traditional ghee
- Natural sweeteners like palm jaggery and sugar
- Spices, nuts, dry fruits, and Himalayan salts

All products are produced with the same level of care, using traditional methods that support health without compromising on taste.

## **Available Across the UAE**

Clover Nature Mills operates both an online store and a physical outlet in Abu Dhabi. Customers can shop for their favorite oils and other natural products from the comfort of home, with fast and reliable UAE-wide delivery.

As consumers shift toward natural, traditional, and health-first food choices, Clover Nature Mills remains at the forefront—providing products that are honest, wholesome, and handcrafted with care. The brand's range of cold pressed oils embodies this mission, bringing back the wisdom of our ancestors in every bottle.



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